



What makes it different to 'traditional' volunteering

Reaches out to people who wouldn't normally volunteer

	Time Banking	Volunteering
Older People	58%	19%
Low Income Households	58%	16%
Disabled or long term illness	20%	3%
Not in formal employment	72%	40%
Never volunteered before	51%	

Time of Our Lives, Dr Gill Seyfang, University of East Anglia (2002)

timebank
building community connections