



Directory of Befriending Services



Introduction

The Befriending Network was launched in November 2011 and aims to support and build capacity of organisations providing or wishing to establish, volunteer involving one to one befriending services.

The Network is made up of a number of different organisations working across Belfast and further afield who support people with many different needs, sensory impairment, disability, mental ill health and challenges that older age can bring.

The Network aims to:

- Provide opportunity for organisations to network and share information
- Provide support and encouragement to organisations who wish to establish befriending schemes
- Raise awareness of Befriending and those organisations providing support
- Link with and signpost to other services that can provide support to organisations, volunteers and service users

Definitions of Befriending:

“A voluntary, mutually beneficial and purposeful relationship in which an individual gives time to support another to enable them to make changes in their life.”

Mentoring and Befriending Foundation

“Befriending offers supportive, reliable relationships through volunteer befrienders to people who would otherwise be socially isolated.”

Befriending Networks

This publication has been produced by Volunteer Now in collaboration with The Befriending Network. This directory is a tool for health professionals, organisations, families and individuals when looking for support services for vulnerable people in their community or care.

Many of these projects/schemes rely heavily on support provided by volunteers and therefore the organisations would welcome any enquiries from people interested in finding out more about ways in which they can become involved.

The Befriending Network meets quarterly and is co-ordinated by Volunteer Now through its Community Projects service supported by Belfast Health & Social Care Trust. For further information please contact:

Volunteer Now

34 Shaftesbury Square

Belfast

BT2 7DB

Tel: 028 9023 2020

Email: befriendingnetwork@volunteernow.co.uk

Please note this is not a definitive list of befriending services but those who have joined the Network or responded to questionnaires.

You can download a copy of this directory at <http://bit.ly/1bkUyeX>



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Action Ability Belfast USDT

Project Name: Action Ability Belfast

Where: Belfast

For: People with a disability who are socially isolated and would benefit from having visits and outings in the community

This is a one to one befriending service that is funded through several streams of Self Directed Support, such as; Direct Payments, Commissioned Trust Funding or the Carers Fund. Service users and/or carers then purchase our befriending services in a package that best suits them. The service is here to enable people to develop their independence, confidence and self esteem. It can also help support people into other activities in their community and to build their social networks. We are continuing to develop our befriending service to meet our growing area of need, within which we hope to expand our volunteer befriending basis.

Referral process: Referrals are accepted from any interested persons.

689 Springfield Road

Belfast

BT12 7FP

Tel: 028 9023 6677

Email: actionabilitybelfast@gmail.com

Web: www.actionabilitybelfast.com

Action on Hearing Loss

Project Name: In Touch

Where: Across Northern Ireland

For: Older people 55+ with hearing loss

The In Touch project is for deaf and hard of hearing people over 55 who are lonely and isolated due to communication barriers they face every day. Specially trained volunteers provide support through one to one befriending with clients in their own home and/or residential homes. Volunteers also facilitate 'In Touch' groups either in a community or residential home setting to provide support hoping to reduce isolation. Hearing Health training may also be delivered to staff in residential homes.

Referral process: Referrals can only be accepted from other trusted service providers e.g. Health & Social Care Trust, Age NI, Care Homes. Please contact the co-ordinator before making a referral to check capacity and volunteer availability.

Harvester House
4-8 Adelaide Street

Belfast

BT2 8GA

Tel: 028 9023 9619

Email: outreachni@hearingloss.org.uk

Web: www.actiononhearingloss.org.uk

Age Concern Causeway

Project Name: SIGN Project funded by The Big Lottery

Where: Causeway Coast & Glens

For: Older people

Age Concern Causeway is a user led, independent charity providing support and services to improve the quality of the life of older people across the Causeway Coast & Glens area. Befriending volunteers offer one to one support service to older people aiming to reduce social/geographical isolation or loneliness. Regular home visits to offer a listening ear and companionship or active befriending such as going for a coffee can help alleviate these issues. Age Concern Causeways other services include an Advice & Advocacy Service, Dementia Support Groups, Mealtime Companion projects and an Active Age Programme.

Referral process: We operate an open referral system though most referrals come from Health & Social Care Trusts and G.P's.

1-5 Brook Street

Coleraine

BT52 1PW

Tel: 028 70357966

Email: info@accauseway.org

Alzheimer's Society

Project Name: Befriending Service

Where: Greater Belfast area

For: People living with dementia

The Befriending service offers personalised companionship for people with a diagnosis of dementia. The service will support with an activity specifically tailored to the individual and will be developed with their agreement. Referral criteria will apply.

Referral process: Referrals can be accepted from Social Work teams, G.P's, carers and family members. We would also encourage self referrals.

Unit 4
Balmoral Business Park
Boucher Crescent
Belfast
BT12 6HU
Tel: 028 9038 7787 or 07860 182072
Email: belfast@alzheimers.org.uk
Web: www.alzheimers.org.uk

Alzheimer's Society

Project Name: Side by Side

Where: East Antrim (Newtownabbey, Carrickfergus, Larne) and Mid Ulster (Cookstown, Maghera)

For: People living with dementia

Side by Side has a focus on empowerment, building on the skills and strengths people with dementia have, enabling them to identify and implement solutions to the barriers they face in getting out and about. Supporting and encouraging them to be part of their community and helping to build social networks. The service builds on the aims of befriending and offers a one to one service and or friendship groups.

Referral process: Referral form (obtainable from address below)

Unit 8c, Room 3a
Kilroot Business Park
Larne Road
Carrickfergus
BT38 7PR
Tel: 028 9336 2940
Email: eastantrim@alzheimers.org.uk

Mitchell Hall
36 Station Road
Maghera
BT46 5BS
Tel: 07703 470746
Email: midulster@alzheimers.org.uk
Web: www.alzheimers.org.uk

Arthritis Care NI

Project Name: Staying Connected

Where: Northern Ireland wide

For: People living with arthritis and/or long term health conditions. This project will also work with older carers to help them manage their caring role.

Arthritis Care Befriending volunteers work one to one with older people with arthritis and/or long term health conditions to help them learn skills to manage their condition and support them to re-engage with community life. We can also facilitate group meetings with older people involved in the project and can provide group activities that would be of interest to the individuals in the group. Activities might include exercise classes, craft classes, bus trips, games, talks etc.

Referral process: Referrals accepted from individuals, carers and family members.

Unit 4
McCune Buildings
1 Shore Road
Belfast
BT15 3PG
Tel: 028 9078 2940
Email: nireland@arthritiscare.org.uk
Web: www.arthritiscare.org.uk

Belfast Central Mission

Project Name: Befriending Scheme

Where: Greater Belfast Area

For: Socially isolated, lonely older people.

The Befriending Scheme aims to reduce social isolation or loneliness experienced by people who have little or no contact with family and friends. Volunteers will visit on a weekly basis to help reduce these feelings of isolation and loneliness and hopefully improve the quality of the older person's life.

Referral process: Referrals accepted from Social Services, GPs and other Referral Agencies.

Grosvenor House

5 Glengall Street

Belfast

BT12 5AD

Tel: 028 9024 1917

Email: jsewell@belfastcentralmission.org

Web: www.belfastcentralmission.org

Bryson Charitable Group

Project Name: Volunteer Befriending

Where: North Down and Ards

For: Older people, people with learning difficulties and/or physical disability.

The Bryson Charitable Group Volunteer Service seeks to support the more vulnerable members of the community who have been referred by health care professionals as having specific needs. Volunteers befriend people who are socially/geographically isolated, assist people with learning and/or physical disabilities to integrate into their local community and provide respite for carers who have been referred through the South Eastern Health & Social Care Trust.

Referral process: via Social Worker, Care Manager, Doctor, Age NI.

Bryson House

28 Bedford Street

Belfast

BT2 7FE

Tel: 028 9032 5835

Email: volunteerservice@brysongroup.org

Web: www.brysongroup.org

Cancer Lifeline

Project Name: Active Lives after Cancer

Where: North Belfast, Shankill and Newtownabbey

For: People aged 60+ affected by a cancer diagnosis and their family/carers.

This project aims to support isolated people aged 60+ who have been affected by a cancer diagnosis and their family members/carers. The project is specifically targeted at those who are not currently accessing other support services.

Services available are befriending visits, complementary therapies, counselling, group health & wellbeing events and annual get togethers. Transport to and from Cancer Lifeline is available for this project.

Referral Process: Clients can self refer directly to the project. Referrals are also accepted from Social Workers within the Cancer Centre and other allied health professionals e.g. GPs and district nurses.

44 Alliance Avenue

Belfast

BT14 7PJ

Tel: 028 9035 1999

Email: info@cancerlifeline.info

Web: www.cancerlifeline.info

CLARE CIC (Community Interest Company)

Project Name: CLARE Project

Where: North Belfast

For: Vulnerable adults and older people

The Befriending role within the CLARE Project is bespoke around the needs of the service user to address social isolation, improve health and wellbeing and promote independence. Befriending could include personal shopping, calling for a chat and accompanying to medical appointments or social activities.

Referral process: Referrals accepted from Belfast Health and Social Care Trust staff.

166-180 Mount Vernon Park

Belfast

BT15 4BJ

Tel: 028 9077 4185

Email: m.wylie@clare-cic.org

Web: www.clare-cic.org

Community & Voluntary Services

Project Name: Good Morning Neighbour

Where: Armagh & Dungannon

For: Older people and vulnerable adults

The Good Morning Neighbour volunteers visit people in their own homes hoping to reduce feelings of isolation, loneliness and fear also they can provide support to emergency medical appointments when no other service is available. Volunteers will also carry out some tasks around the persons home where the service user is thought to be at risk, checking fire and other alarms, taking out bins, changing light bulbs etc.

Referral process: Referrals accepted from family and friends also health care professionals, PSNI, PCSP, Victim Support and other agencies.

Unit 3A
Dungannon Enterprise Centre
2 Coalisland Road
Dungannon
BT71 6JT
Tel: 028 8772 9690
Email: youcanhelp@live.co.uk
Web: www.youcanhelp.org

Crossroads Caring for Carers NI

Project Name: In Your Prime

Where: Belfast and North Down

For: People aged 65+ who live alone and are at risk of feeling isolated

Crossroads offers a free service to people age 65 and over living alone who are feeling isolated and lonely. The service is run by local volunteers who will visit for a cuppa and a chat each week.

Referral process: To refer an individual to the project you can contact one of the In Your Prime team for a referral form, or alternatively visit our website. We also accept self referrals.

7 Regent Street
Newtownards
BT23 4AB
Tel: 028 9181 4363
Email: iyp@crossroadscare.co.uk
Web: www.crossroadscare.co.uk

Deafblind NI

Project Name: Connections NI

Where: Belfast, Newtownabbey, Lisburn. Craigavon, Newry and Mourne & Causeway (Coleraine).

For: people 60+ who have a dual sight and hearing loss, which is affecting their ability to communicate with others, access services and move about as they used to.

The project aims to improve member's quality of life by reducing isolation/loneliness they endure through:

- Home Befrienders, volunteers visit Deafblind members at home
- E-Befrienders, volunteers communicate with Deafblind members via email
- Tele-Befriending, volunteers communicate with Deafblind members via regular phone calls

Volunteers offer support and friendship through regular contact working to reduce feelings of isolation/loneliness and increasing confidence and well being. More information can be found at <http://tinyurl.com/oqhbanq>

Referral process: Referrals accepted from Social Services and voluntary sector organisations, self referrals are also welcome. Contact us before sending referral as project may be closed to new referrals due to capacity constraints.

P.O Box 359

Bangor

BT20 9EW

Tel: 079 5003 3648

Email: norman.mccudden@deafblind.org.uk

Web: www.deafblind.org.uk

East Belfast Community Counselling Centre

Project Name: Victims & Survivors

Where: East Belfast

For: People 18+ who have been psychologically affected by the conflict in Northern Ireland and who have been assessed as suitable for this service.

Victims & Survivors project offers one to one support either in the persons home or out in the community, perhaps meeting for coffee or carrying out community based activities. This project is client led and aims to alleviate social isolation, increase confidence and help to integrate them back into their community.

Referral process: Clients can self refer or be referred by G.P's and community organisations.

East Belfast Network Centre
55 Templemore Avenue
Belfast
BT5 4FJ
Tel: 028 9046 0489
Email: info@eastbelfastcounselling.org
Web: www.eastbelfastcounselling.org

Family Caring Centre

Project Name: Good Morning Antrim

Where: Antrim, Randalstown, Toome, Crumlin, Parkgate and Templepatrick

For: Members of the community who are feeling vulnerable or isolated for any reason including experiencing physical or mental health difficulties

Good Morning Antrim offers telephone support, befriending and alert service. Recipients are contacted by telephone on agreed weekdays at a pre-arranged time. The call will consider three main points.

- A friendly chat about health and wellbeing
- Provide information on services in the area and forthcoming events
- Listen to any concerns, assist to resolve and with permission pass these on to relevant agencies/individuals

Referral process: Anyone can refer including self by telephone or email.

1-5 Somerset Park
Antrim
BT41 2JB
Tel: 028 9446 4619
Email: louisegoodman@fsmail.net

Good Morning North Belfast

Project Name: Good Morning North Belfast

Where: Greater Belfast

For: Vulnerable adults, people suffering from dementia, a mental health illness, a physical disability and older people

Good Morning North Belfast operate a telephone support and befriending service to vulnerable adults and the elderly. We can offer daily reminders, support and sign posting to other local community groups and advice centres. The Good Morning North Belfast team can offer a call 7 days a week, 365 days a year.

Referral process: Call 028 9071 9200

96-98 Sunningdale Gardens

Belfast

BT14 6SL

Tel: 028 9071 9200

Email: info@goodmorningnorthbelfast.org

Web: www.goodmorningni.org

Good Morning West Belfast

Project Name: Good Morning West Belfast

Where: West Belfast

For: Older and vulnerable adults

This service is currently offered to existing clients who benefit from the telephone support service. We have also delivered the service to new referrals who have been referred for telephone support but at assessment stage befriending support maybe required as well. The service offers six sessions delivered by our staff and volunteers who have been trained appropriately and delivered in the client's home.

Referral Process: Self referrals accepted as well as referrals from Social Services.

61-63 Ardmonagh Gardens
Belfast
BT11 8DX
Tel: 028 9020 0228
Email: info@ardmonagh.org
Web: www.goodmorningni.org

Guide Dogs NI

Project Name: My Guide

Where: Throughout Northern Ireland

For: Adults living with sight loss

My Guide is a service provided by Guide Dogs to support people who are blind or partially sighted get out and about, to do the things they want to do. The My Guide service is all about getting blind and partially sighted people out and about in their community, on their own terms. My Guide matches a person who is blind or partially sighted with a trained volunteer for 2-3 hours a week to improve their confidence and support them to build links in their community.

Referral process: Clients can self refer, be referred by health professionals or those working in the voluntary and community sector.

Unit 17

18 Heron Road

Belfast

BT3 9LE

Tel: 0845 3727 402

Email: myguideni@guidedogs.org.uk

Web: www.guidedogsni.org.uk

Leonard Cheshire Disability

Where: Belfast and Northern Ireland wide

For: This service is for people using Leonard Cheshire Disability's supported living services across Northern Ireland.

Befriending volunteers work on a one to one with people who use our services to support these individuals to pursue activities both at home and in their local community, whether socialising, shopping, going to the theatre or having a chat on a regular basis.

Referral process: N/A. Individuals must be someone who uses Leonard Cheshire Disability Services.

5 Boucher Plaza

4-6 Boucher Road

Belfast

BT12 6HR

Tel: 028 9024 6247 or 077 3832 9197

Email: aine.gilchrist@leonardcheshire.org

Web: www.leonardcheshire.org

Lighthouse “Beacon of Hope”

Where: Belfast

For: People who have experienced self harm or have been bereaved through suicide.

This project aims to provide social and emotional support to those isolated or marginalised through suicidal ideation or suicide bereavement. Through befriending we wish to establish supportive relationships to vulnerable people who find living in their community difficult and give them the opportunity to enhance their quality of life and re-integrate themselves back into their community.

Referral process: Through GP, Social Worker or other health care workers or any other relevant person including friends and family. Self referrals are also accepted. All referrals will be reviewed by the project co-ordinator.

187 Duncairn Gardens

Belfast

BT15 2GF

Tel: 028 9075 5070

Email: reception@lighthousecharity.com

Web: www.lighthousecharity.com

Loughshore Care Partnership

Project Name: Befriending

Where: South Lough Neagh Area and Craigavon Area

For: People over 65

Loughshore Befriending service supports isolated older rural people, alleviating loneliness by engaging the goodwill of local volunteers who spend an hour or two each week visiting their befriender. Befriending volunteers visit befriendeds in the befriendeds home and where possible and if desired they can go shopping, out for lunch or take part in local activities.

Referral process: Referrals accepted from self, family, friends, neighbours, Social Services and G.P's.

1 Maghery Business Centre

Maghery Road

Dungannon

BT71 6PA

Tel: 028 3885 1911

Email: befriendinginitiative@live.co.uk

Macmillan Cancer Support

Project Name: Macmillan Community Helpers

Where: Belfast & South Eastern Health & Social Care Trust areas

For: People affected by cancer

Volunteers visit people affected by cancer at home and provide regular support with tasks such as shopping, running errands and general housework. If preferred the volunteer can take the individual for a cup of tea and a chat.

Referral process: A service request form must be completed and a satisfactory risk assessment must be completed prior to service being offered.

This is a growing service - please contact Macmillan to find out if the service is available in your area.

5a Stirling House
Castlereagh Business Park
478 Castlereagh Road
Belfast
BT5 6BQ
Tel: 028 9070 8610
Email: dvsni@macmillan.org.uk
Web: www.macmillan.org.uk

Marie Curie

Project Name: Marie Curie Helper Service

Where: Northern Ireland wide

For: People who are considered to be in the last 12 months of life as a result of either a cancer diagnosis or another life limiting illness such as Pulmonary Heart Disease, Heart Failure or Motor Neurone Disease.

The Marie Curie Helper service is provided by trained volunteers who offer one to one support to people with terminal illness (cancer and other illnesses), completely free of charge. This support may continue to their carers and families after bereavement. Volunteers support people in their homes, offering a few hours of their time each week to provide a listening ear and companionship; giving families and carers a short break from their caring role; offering practical support such as accompanying individuals to appointments or simply going out for coffee; or sourcing information on other available support. A Marie Curie Helper does not provide any nursing or medical care or advice.

Referral process: People may refer into the Helper service directly by calling the Helper office on 028 9088 2078.

1a Kensington Road

Belfast

BT5 6NF

Tel: 028 9088 2078

Email: nihelper@mariecurie.org.uk

Web: www.mariecurie.org.uk/helpervolunteer

Mindwise

Project Name: Community Bridge Building Project

Where: Across all five trust areas in Northern Ireland.

For: People experiencing mental health problems.

The Community Bridge Building Project supports those experiencing mental health problems, to engage, re-engage and reintegrate back into their local community. Support can be given on a one to one basis or through group activities.

Referral process: Through the Belfast, Northern, South Eastern, Southern and Western Trusts.

Pinewood House
46 Newforge Lane
Belfast
BT9 5NW
Tel: 028 9040 2323
Email: info@mindwisenv.org
Web: www.mindwisenv.org

Praxis Care

Project Name: Praxis Care Befriending Scheme

Where: Belfast, Londonderry, Magherafelt, Antrim and Portadown

For: Adults who feel socially isolated as a result of their mental ill health

Praxis Care Befriending offers one to one support to individuals who feel lonely or isolated as a result of their mental ill health. Befriending volunteers visit regularly to go out for coffee, out for a walk etc. to help increase the socialisation of their Befriendee.

Referral process: Referrals can be received from Community Mental health Teams, for example from Social Worker or Community Psychiatric Nurse (CPN). Please contact co-ordinator for up to date information on availability of the service.

25-31 Lisburn Road

Belfast

BT9 7AA

Tel: 028 9023 4555

Email: volunteering@praxiscare.org.uk

Web: www.praxiscare.org.uk

Quaker Service

Project Name: Quaker Connections

Where: HMP Maghaberry

For: Isolated inmates

Befrienders are matched with and regularly visit prisoners (through the normal visiting system) who presently receive few or no visits from family and friends. Providing a connection to society not only encourages inmates to make a positive change while in prison but is also known to be a significant factor in reducing re-offending.

Referral process: Anyone can refer, usually an officer, chaplain or family member.

Quaker Visitor Centre
HMP Maghaberry
Ballinderry Upper
Lisburn
BT28 2PT
Tel: 078 0864 4970
Email: info@quakerservice.com
Web: www.quakerservice.com

South Eastern Health & Social Care Trust

Project Name: Caring Communities Safe & Well

Where: South Eastern Health & Social Care Trust area

For: People 65+ who are feeling isolated and lonely, including people in the early stages of dementia.

Caring Communities Safe and Well aims to help people tackle the issues of social isolation and loneliness by offering information, advice and support to access a wide range of services that will help promote safe, healthier independent living. A dedicated Caring Community Officer will provide assessment and where an older person is feeling lonely or isolated, with little or no contact with family or friends, a Volunteer Befriender will be offered to visit on a weekly basis or support to attend local activities.

Referral process: Anyone can refer including self-referrals by telephone or email.

Health Development Department
Ballynahinch Community Services
45-47 Main Street
Ballynahinch
BT24 8DN
Tel: 028 9756 6934
Email: safeandwell@setrust.hscni.net

Stroke Association

Project Name: Befriending Scheme

Where: Across all five Health Trusts in Northern Ireland.

For: Stroke survivors who are socially isolated.

The Befriending Scheme aims to reduce social isolation and loneliness experienced by stroke survivors and stroke survivors with a communication disability. This service is also available to family members and carers. Volunteers provide a listening ear, information, advice, support and guidance. Support is provided on a one to one basis in the individual's home.

Referral process: We operate an open referral system but the majority of our referrals come from Health and Social Care Trusts, GPs, Social Workers and Speech and Language Therapists.

Rushmere House

46 Cadogan Park

Belfast

BT9 6HH

Tel: 028 9050 8020

Email: northernireland@stroke.org.uk

Web: www.stroke.org.uk

The Rainbow Project

Project Name: LGB&T Befriending Service

Where: Primarily for people located in the Southern Health & Social Care Trust but also open to anyone across Northern Ireland

For: Anyone who identifies as Lesbian, Gay, Bisexual and/or Transgender (LGB&T)

This service is to reduce social isolation for people who identify as LGB&T. The service offers a social experience for people; to give them the opportunity to meet other LGB&T people through LGB&T and non-LGB&T services to build up their social connections.

Referral process: Self referral and referral through another organisation/service with person permission. This can be done through phone or email or internal referral forms from partner agencies.

Belfast LGBT Centre
1st Floor
9-13 Waring Street
Belfast
BT1 2DX
Tel: 028 9031 9030
Email: info@rainbow-project.org
Web: www.rainbow-project.org

The Salvation Army

Project Name: The Salvation Army Bangor Befriending Service

Where: Bangor area (Bangor, Groomsport, Conlig and Crawfordsburn).

For: Members of the community who are lonely, isolated, hurting.

Visiting service providing caring, supportive companionship; sharing interests, offering a listening ear, support and encouragement, signposting to other services, and pastoral support as appropriate. Should demand necessitate a waiting list for visits a back up telephone befriending service will be offered until we are able to match service users with appropriate befrienders. Our service is free.

Referral process: Self referral or by others including agencies.

7-11 Crosby Street

Bangor

BT20 5EE

Tel: 028 9127 5100

Email: meta.bangorbefriending@gmail.com

Web: www.salvationarmy.org.uk/ire/Bangor

We work with heart to God and hand to man

The Salvation Army, Newry

Project Name: Home Call

Where: We presently cover the Newry, Bessbrook, Rathfriland areas of the Newry, Mourne & Down council area.

For: Elderly, vulnerable and lonely seniors, who are couples or individuals.

We offer befriending support consisting of pastoral, practical and emotional support for the target group. Our time commitment to each call is dependent upon the person/people concerned and their individual needs. This befriending service is free as part of our community ministry programme.

Referral process: Self referrals accepted or any other recognised agency.

12 Margaret Street
Newry
Co. Down
BT34 1DF
Tel: 028 3026 3537
Email: newry@salvationarmy.org.uk

Volunteer Now

Project Name: Befriending Scheme

Where: Belfast

For: Socially isolated, vulnerable older people living in their own homes.

The Befriending Scheme aims to reduce social isolation or loneliness experienced by older people, living in their own homes who have little contact with family and friends and unable to attend day centres or other social groups due to older age and age related illnesses. Regular home visits by a volunteer befriender can help reduce these feelings of loneliness and low moods and increase confidence and general well being.

Referral process: Referrals are accepted from Social Workers within the Belfast Health & Social Care Trust. Contact needs to be made to the scheme co-ordinator before submitting a request as we may be closed to referrals due to capacity restraints.

34 Shaftesbury Square

Belfast

BT2 7DB

Tel: 028 9023 2020

Email: info@volunteernow.co.uk

Web: www.volunteernow.co.uk

Other resources

Urban Soul, May Street Church

Urban Soul Café & Resource Centre

Urban Soul is the beating heart of May Street Church with a café and other resources in the centre of Belfast. Urban Soul provides an ideal and safe place for individuals and groups to meet for food, friendship and functions and the Metro bus stops just outside.

At present the café may not open daily but go online to check for latest developments.

May Street Church

May Street

Belfast

BT1 4NU

Tel: 028 9032 5554

Email: maystreetpresbyterian@gmail.com

Website: www.maystreetchurch.co.uk



T: 028 9023 2020

E: info@volunteernow.co.uk

W: www.volunteernow.co.uk

Volunteer Now delivers services across Northern Ireland. We have offices in Belfast, Broughshane, Enniskillen and Newry. Registered office: 34 Shaftesbury Square, Belfast, BT2 7DB. Charity Registration No. NIC101309. Company Limited by Guarantee No. N1602399. Registered in Northern Ireland.



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