



MOURNE

Use what you have
To do what you can!



WINTER 2018

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Macmillan Cancer Support - Community Helper Newcastle

The role involves listening and talking to people with/affected by cancer which may help to reduce their isolation, increase their confidence and self-esteem and support them to develop social networks. The role could also include practical support with household tasks. Activities will be agreed with the individual service-user and volunteer. You will be provided with training, support and information to help you when working with someone affected by cancer. <https://bit.ly/2MHgY36>



Ballykinlar Cross Community Preschool - Childcare Volunteer

Do you have a couple of hours per week to help in our pre-school playgroup? This fun opportunity takes place at the Playing Fields in Marian Park and volunteers will also be involved with occasional outings with the children. <https://bit.ly/2MKZ3bM>



Newcastle Parent & Toddler Group - Volunteer Assistant

Volunteer Assistant needed to help with the day to day running of the Parent & Toddler group ie join in play activities, help with setting up and clearing away toys and equipment etc. <https://bit.ly/2tXPdeT>

NI 4x4 Response Network - Volunteer 4x4 Drivers NI Wide

The NI 4X4 Response Network has been set up to provide a pool of 4X4 vehicles and drivers to assist the emergency services and community in times of adverse weather and disaster. Membership of NI 4X4 Response Network is open to all 4X4 owners who would like to make their vehicles available to assist the community when required. <https://bit.ly/2KGrij7>



Home-Start - Administrative Volunteer Downpatrick

Administrative volunteer required for general offices duties in our busy office providing support to the Organiser and Administrator. Please note, this opportunity is available mornings only. <https://bit.ly/2lQJTJlt>



Council for Social Witness - Volunteer Gardener Newcastle

Lawnfield House is a purpose built residential home in Newcastle offering respite care for persons with various physical disabilities, visual/sensory impairment, mild learning difficulties and older people. We would like a volunteer who would undertake some gardening at Lawnfield House. <https://bit.ly/2MKPHwG>



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Confederation of Community Groups - Home Secure Volunteers



As a Handy Person/Tradesman with DIY skills you will assist a team of volunteers to fit simple security devices for older isolated people in their homes. This is an excellent opportunity to get involved in your community, help older isolated people to live independently and put your DIY skills to good use, while working within a team of volunteers. <https://bit.ly/2IK77qP>

Glor Uachtar Tire - PR & Marketing Volunteer



Have you an interest in Irish language and strong IT skills? Then you may be interested in supporting a dynamic, cross-community, Irish language group. The volunteer will help with designing the monthly newsletter lay-out, promotional posters and fliers. The role will include PR through social media, updating the group's webpage and writing articles for the local and provincial press. These tasks could be undertaken from the volunteer's home or from the group's office <https://bit.ly/2IPJ3tu>

Kingdom Youth Club - Youth Support Volunteer



Youth Support Volunteer needed to work with children and young people in centre based activities ie sports, drama, arts and crafts . <https://bit.ly/2Niic5l>

National Trust South Down (Murlough)- Volunteer Ranger



If you enjoy being part of a team, then join our Rangers at Murlough national nature reserve. We can offer practical hands on experience and in-house training on Estate and habitat management. No experience is required but an interest in the outdoors and conservation will help you get the most from your volunteering. <https://bit.ly/2J7fLjr>

Ballynahinch Carer Support Group - Group Support Volunteers



Volunteers will help staff serve refreshments, engage in supportive discussions and conversations and generally ensure people with dementia and their carers have a good time within a caring and safe environment. <https://bit.ly/2KHWpml>

MS Society - Team Volunteers NI Wide



Roll up, roll up! MS Society are recruiting volunteers across NI . This is a great opportunity to get involved with a team of local people helping to provide support and services to people affected by MS in your local area. There are lots of opportunities and ways we can use your skills. The time commitment would be one to two hours a week and attendance at meetings once a month. <https://bit.ly/2zfSJpD>

Volunteer



Events Volunteering

Get involved with some of the great events coming to Northern Ireland over the next few months. There's something for everyone ... you'll find the full list on our website www.volunteernow.co.uk

(This page is updated regularly so please check back if there's nothing there that suits you at the moment!)

#ChristmasTIME

Lots of organisations are looking for help with short term volunteer opportunities on the run up to Christmas ... to find an opportunity in your local area, use the 'volunteer search' on www.volunteernow.co.uk and select 'ChristmasTIME' as your activity. And keep your eye on our social media pages as we'll be posting details there too!



BECOME A VOLUNTEER - MAKE A DIFFERENCE



Do you have access to the internet?

Use the 'Volunteer Search' panel on our homepage www.volunteernow.co.uk to look for more opportunities ...

Select your activity, enter your postcode and click 'search'. To apply, click 'register now' in the opportunity description and the organisation will come back to you with more information.

Opportunities are also posted daily on our social media - follow [VolunteerNow](#) on Facebook and [@VolunteerNow1](#) on Twitter

For more information about volunteering in the Newry, Mourne and Downpatrick areas contact our Outreach Officer, Aidan McCabe:

Tel: 07855 110855

Email: Aidan.McCabe@volunteernow.co.uk

Address: Volunteer Now, Ballybot House, 28 Cornmarket, Newry BT35 8B

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Supported by the Northern Ireland Executive through the Department for Communities

Registered office: 34 Shaftesbury Square, Belfast BT2 7DB
Company Limited by Guarantee No. NI602399 Charity Registration No. NIC101309
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