



## Volunteer Newsletter

February 2019

### New and improved!

We've updated our website [volunteernow.co.uk](http://volunteernow.co.uk) and made it easier to you to find information relating to all things volunteering.



Click on the [Volunteering](#) section and you'll see links to:

- \* *Inspire Me* - our Latest Opportunities sheets, Turn up and Try calendar, and volunteer stories
- \* *Youth Volunteering* - for info on Millennium Volunteers, social action projects, Jump on Board, etc
- \* *Event Volunteering* - would you like to volunteer at some of the great events coming to NI during 2019?
- \* *Volunteer with Us* - find out about opportunities with Volunteer Now

including our befriending and driving projects

- \* *Employer Supported Volunteering* - how to volunteer through your employer

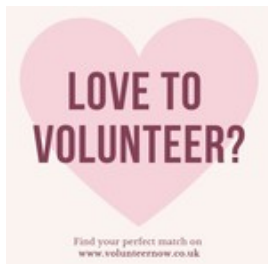
Have a look, we'd love to know what you think of our new site!

### The next step ... we're looking for YOUR views!

Volunteer Now are exploring a new way of enabling volunteers to search for volunteering opportunities on our website and we would like a group of willing people to meet together on **Monday 11<sup>th</sup> February 2019** from 2pm until 4pm (tea and coffee from 1.45pm) to see a possible option. A company are visiting Volunteer Now to show a demonstration and as users of our existing site we would welcome your thoughts.



Numbers are limited but if you would like to attend please register with Sandra Faulkner:



## Love to Volunteer?

During February Volunteer Now will be spreading the love for volunteering. Research reveals that an amazing 74% of people across Northern Ireland cite personal enjoyment as the top reason they volunteer, confirming that volunteering is indeed 'a love thing'.

With Valentine's Day just around the corner we are also encouraging couples who met through their volunteering to get in touch so that we can share their stories on social media. Interested? Contact [Julie.Cusick@volunteernow.co.uk](mailto:Julie.Cusick@volunteernow.co.uk)

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## 26.2 miles worth of volunteer opportunities!

Volunteer Now's Events Team are currently recruiting volunteers for the Belfast Marathon, which this year takes place on a Sunday for the first time and we need 400+ volunteers to help at this event on 5th May 2019. Stewards, water station volunteers, start/finish line volunteers or support to the transport team... there's sure to be something to suit you!



Volunteers must be 16+ and you can volunteer as an individual, a family or as part of a group.

[Read More](#)

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## Spotlight on ... Action on Hearing Loss

Volunteering with Action on Hearing Loss can make a big difference to the life of someone with deafness, tinnitus or hearing loss, and it can also enable you to make new friends, improve your mental wellbeing and learn new skills. They have a wide range of volunteering opportunities available throughout Northern Ireland, including fundraising, attending information stands, giving talks to community groups and delivering hearing aid maintenance at monthly support sessions.

(the deadline for volunteer applications is **Friday 8 February** with induction days on Thursday 21 or Saturday 23 February)

[Read More](#)



## Are you interested in volunteering overseas?

From professional work placements, to short term activity camps, there is an overseas opportunity to suit everyone. To find out more, come along to our information session on **Wednesday 6 February** at Volunteer Now's office in Belfast (34 Shaftesbury Square) from 6-8pm.

[Read More](#)



## Good Neighbour Service (Newry & Mourne)



CONFEDERATION OF  
COMMUNITY GROUPS

The Confederation of Community Groups in Newry are launching a new call for volunteers for their 'Good Neighbour' scheme which runs throughout the Newry and Mourne area. This project, based in Ballybot House, is similar to befriending, and sees volunteers undertake visits on a regular basis to older people.

If you could give an hour of your time to make a real difference to older people in the Newry and Mourne area, click 'read more'.

[Read More](#)

## Opportunity Spotlight: Marie Curie

Marie Curie are looking for friendly and enthusiastic volunteers to help raise money and awareness for Marie Curie by hosting cash collections throughout the year including the Great Daffodil Appeal. Your role will be as the main contact on the day for volunteers, providing a warm welcome, supplying materials and encouraging collectors to raise as much as possible. Interested? Find out more and how to register at: [Marie Curie Collection Host Volunteers](#)



If you prefer to be one of the collecting volunteers, they are also recruiting volunteers for their daffodil appeal:

[Great Daffodil Appeal Volunteers](#)

## Latest Opportunities

There's a huge variety of volunteer opportunities available on [www.volunteernow.co.uk](http://www.volunteernow.co.uk) - use the 'Opportunity Search' to find opportunities in your area of interest. To apply for any, click 'register now' in the opportunity description. The organisation should then respond to you within 10 days with more information. If you need a hand with searching for opportunities or registration, give us a shout on [opportunities@volunteernow.co.uk](mailto:opportunities@volunteernow.co.uk)

Who	Where	Details
All Ireland Institute of Hospice & Palliative Care	Throughout NI	Join <a href="#">Voices4Care</a> and make a difference to people with a serious and progressive illness or condition which may limit or shorten their lives
Ballymena Nursery School	Ballymena	Help with <a href="#">childcare</a> , <a href="#">gardening</a> , or if you have a <a href="#">European language</a> they'd also love to hear from you
Belvoir Players Amateur Dramatic Society	Belfast	Get involved behind the scenes – volunteers needed to help with <a href="#">Admin</a> or with <a href="#">backstage activities</a> such as set design/building, painting, etc

Cats Protection NI	Throughout NI	Help improve the lives of cats in your local area – Trap/Neuter/Release volunteers needed in <a href="#">Greater Belfast</a> , <a href="#">Enniskillen</a> , <a href="#">Armagh</a> , <a href="#">Coleraine</a> and <a href="#">Downpatrick</a> .
Global Action Plan	Throughout NI	Volunteers aged 18-25 needed to join their <a href="#">Youth Panel</a>
Loughshore Care Partnership	Armagh, Craigavon, Banbridge	<a href="#">Willing Hands Volunteers</a> needed to give practical support to families where a loved one has received a terminal diagnosis and has chosen to remain or return home for end of life care.
National Trust	Coleraine	<a href="#">Web Editor / Admin Assistant</a> needed to help with website and social media
PIPS Charity	Throughout NI	<a href="#">Youth Training Volunteers</a> needed to deliver bespoke youth courses in youth clubs, schools, universities etc.
Radio Larne	Larne	Interested in football? <a href="#">Radio Larne</a> are looking volunteers for a new on and off-air football project
TinyLife	WHSCT & SHSCT	<a href="#">Family Support Volunteers</a> needed to support families of premature babies - especially Strabane, Derry, Newry, Banbridge

**Get in touch:**

Tel: 028 9023 2020

Email: [opportunities@volunteernow.co.uk](mailto:opportunities@volunteernow.co.uk)

Web: [www.volunteernow.co.uk](http://www.volunteernow.co.uk)

Volunteer Now delivers services across Northern Ireland. We have offices at:

- 34 Shaftesbury Square, Belfast BT2 7DB
- Broughshane House, 70 Main Street, Broughshane, Co Antrim BT42 4JW
- Fermanagh House, Broadmeadow Place, Enniskillen, Co Fermanagh BT74 7HR
- Ballybot House, 28 Cornmarket, Newry, Co Down BT35 8BG

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Registered office: Volunteer Now, 34 Shaftesbury Square, Belfast BT2 7DB.

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