VOLUNTEER NOW
think · act · do

North Down & Ards

Use what you have
To do what you can!

Spring 2019

North Down & Ards

Castle Espie WWT - Facilities & Maintenance Volunteer

At WWT, we believe the best way for people to understand and connect to wetlands is to experience them, so we bring awe-inspiring nature up close. We have various volunteer opportunities including:

- Facilities & Maintenance Volunteer - **bit.ly/2H6u3UX**
- Reserve Volunteer - **bit.ly/2TiTcSs**
- Family Activities Assistant - Arts and Crafts - **bit.ly/2Hg2hV5**

You will be supporting our staff to ensure our visitors have a great day out and showcase our work to save wetlands for wildlife and people.

Alzheimer's Society - Side By Side Volunteers

Side by Side volunteers provide invaluable, person centred opportunities for people living with dementia to enable someone to take part in social and recreational activities, stay connected to the things they love such as music, enjoying a good conversation and keeping active in the community Your involvement will enable people with dementia to feel less isolated or lonely. **bit.ly/2TtnBwV**

Action on Elder Abuse - Helpline Volunteer

Volunteers needed to take calls in their own homes on a rota basis. Each shift will be four hours in duration, one day per week between Monday and Friday 9am to 5pm. You will be provided with full training and support, call-handling equipment, and ongoing support and guidance from our staff and other volunteers. **bit.ly/2XejaFp**

Bangor YMCA - Youth Worker Volunteers

Volunteers needed to work alongside Project Workers and part-time staff in the running of the Youth Centre and its various programmes. Main responsibilities:

* Arrive 15 minutes before the programme starts
* Ensure a safe, pleasant environment for young people to attend
* Make sure any activities are set up and ready to run
* Keep a record of young people attending
* Assist the leader-in-charge with the running of specific activities

bit.ly/2VEpWCz

North Down & Ards

NI 4X4 Response Network - Volunteers

The NI 4X4 Response Network has been set up to provide a pool of 4X4 vehicles and drivers to assist the emergency services and community in times of adverse weather and disaster.

Membership of NI 4X4 Response Network is open to all 4X4 owners who would like to make their vehicles available to assist the community when required. No special training or vehicle modifications are necessary.
bit.ly/2GR3hia

Age NI Bangor - Retail Volunteer

Volunteers support Age NI to raise vital funds, ensuring we can deliver services for older people across Northern Ireland.

Volunteers assist in the smooth running of the shop and will gain skills / experience in a range of different shop operations including customer service, pricing, using the tills or window dressing. **bit.ly/2TiPZCl**

Community Advice Ards & North Down - Volunteer Adviser

Citizens Advice Ards and North Down urgently require Volunteer Advisers.

Advisers need to have excellent communication skills, respect, a positive attitude and be approachable. The ability to work as part of a team is vital. Having basic mathematical skills is preferred too. You will receive 100% support, full training and your out of pocket expenses paid.

SEHSCT - Caring Communities Safe & Well - Befriender

Volunteer Befrienders urgently needed to support older people who are lonely and socially isolated. Befrienders support the person with a chat, companionship, help to attend a local social group and attend appointments. If you, or someone you know, have a spare hour a week, please consider this request.
You could make a real difference to an older persons' life.
https://bit.ly/2QU3eUC

Volunteer

Portico – Various Opportunities

Portico Arts & Heritage Centre is a multi-purpose venue in Newtownards for everyone to use. It hosts cultural, educational and heritage events and activities including film shows, concerts, exhibitions, literary events, talks and much more.

Volunteers are needed in the following roles:

- Archiving Assistants - **bit.ly/2XGmnxz**
- Concert Assistants - **bit.ly/2H2g1Ue**
- Gardening Assistants **- bit.ly/2UrRivG**
- Heritage Gallery Assistant - **bit.ly/2TqEXeM**

Community Advice Ards & North Down - Volunteer Receptionist

Do you enjoy meeting new people?
Are you a team player with a great telephone manner and IT skills?
CAAND are looking for volunteer receptionists to join their teams in Bangor, Newtownards & Holywood offices.
bit.ly/2TDKBti

Do you have access to the internet?

Use the 'Volunteer Search' panel on our homepage **www.volunteernow.co.uk** to look for more opportunities …
Select your activity, enter your postcode and click 'search'. To apply, click 'register now' in the opportunity description and the organisation will come back to you with more information.
Opportunities are also posted daily on our social media - follow VolunteerNow on Facebook and @VolunteerNow1 on Twitter

For more information about volunteering in the Lisburn, Castlereagh, North Down & Ards areas contact our Outreach Officers, Antje Otto: or Jill Hunter

Tel:	Antje Otto: 07850 910606	Jill Hunter: 07850 851819
Email:	Antje.Otto@volunteernow.co.uk	Jill.Hunter@volunteernow.co.uk
Address:	Volunteer Now, 34 Shaftesbury Square, Belfast, BT2 7DB	

www.volunteernow.co.uk

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