

# September 2019

## Latest volunteering opportunities in Belfast

### What would you like to do?

There are thousands of volunteering opportunities on [www.volunteernow.co.uk](http://www.volunteernow.co.uk) so there's sure to be something that suits you!

How does it work? Use the 'Opportunity Search' on our homepage to select the type of activity you would be interested in, enter your postcode and click 'search'. To apply for any opportunities, click 'register now' in the opportunity description and the organisation will come back to you with more details. (If you already have a volunteer account on our website, log in first)

Need a hand to find or register for an opportunity? Call us on 028 9023 2020 or email [opportunities@volunteernow.co.uk](mailto:opportunities@volunteernow.co.uk)

### Belfast International Arts Festival

This year's Festival will run from 15 October – 3 November at venues across the city.

They are recruiting a team of enthusiastic Volunteer Festival Ambassadors to help in the delivery of a range of world class Festival events.

More details and how to register at [bit.ly/2NFvVFE](http://bit.ly/2NFvVFE)



### Belfast Half Marathon

The 7th Deep RiverRock Belfast City Half Marathon takes place on Sunday 22 September 2019 and is a popular event with record numbers of around 5,000 expected to take part this year.

Please support YOUR Belfast event and volunteer at this event – there are 13.1 miles worth of volunteer opportunities available to suit all!

Opportunities are available to volunteer with:

- The Belfast Marathon team
- Action Mental Health
- Cancer Focus NI

For more details and to register, visit [bit.ly/2IWIrKR](http://bit.ly/2IWIrKR)



### Cancer Focus NI

The Pink Run returns to Victoria Park, Belfast on Sunday 27 October. Volunteers are needed to cheer participants along or to help with marshaling.

More details and how to register at [bit.ly/2Zr4WWk](http://bit.ly/2Zr4WWk)



### Marie Curie

Do you have your own fully insured car, a driving licence and a friendly smile? Marie Curie are currently recruiting volunteer drivers their Day Hospice in Belfast.

More details and how to register at [bit.ly/2konV0l](http://bit.ly/2konV0l)



### Our Belfast office has moved

We are now based at: Skainos, 239 Newtownards Road, Belfast BT4 1AF



## Fundraising Volunteers required

Volunteering as a fundraiser can be a fantastic way to help our local and national charities. These fundraising opportunities are often one-off requests and it only takes a few hours of your time to make a real difference.

For a full selection of fundraising opportunities in your area, use the 'Opportunity Search' panel on our homepage

[www.volunteernow.co.uk](http://www.volunteernow.co.uk) – select 'fundraising/flag days' as your activity and enter your postcode.



Volunteer at some of the great events coming to Northern Ireland over the next few months.

Find out more at [bit.ly/NI\\_Calendar](http://bit.ly/NI_Calendar)

## Charity Shops

Volunteer in your local charity shop and help raise essential funds, gain valuable skills to help develop your CV and experience. And you'll get the chance to meet new people across your community.

Here's just a couple who urgently need your help, but for a full selection use the 'Opportunity Search' on our homepage and select 'shops/retail' as your activity ...



- Save the Children - Belmont Road - [bit.ly/2Ph6pJV](http://bit.ly/2Ph6pJV)
- Action Cancer - Ormeau Road - [bit.ly/2IX0hsg](http://bit.ly/2IX0hsg)
- Oxfam - Belfast city Centre - [bit.ly/2IX0vzD](http://bit.ly/2IX0vzD)

## Parkinson's UK

Northern Ireland

The Belfast Support Group are currently looking for helpers to attend their monthly meetings. Local groups are run by volunteers who usually have experience of Parkinson's and are supported by professional staff.

For more details and to register, visit [bit.ly/2ItJkWe](http://bit.ly/2ItJkWe)

**PARKINSON'S<sup>UK</sup>**  
CHANGE ATTITUDES.  
FIND A CURE.  
JOIN US.

## NI Chest Heart & Stroke

Are you free on a Thursday morning? NICHHS need volunteers to help with their Post Rehabilitation Exercise Programme (PREP) in North Belfast. Help with light exercise, serve refreshments, setting up equipment etc.

For more details and to register, [bit.ly/2kfoAkO](http://bit.ly/2kfoAkO)



## Catholic Guides of Ireland

CGI is open to all girls and women (age 4-19) regardless of religion. Volunteers are needed in their Poleglass section - full training provided.

For more details and to register, [bit.ly/2Stlfs7](http://bit.ly/2Stlfs7)



## NI Policing Board

If you were in police custody wouldn't you like someone to be concerned about your welfare? On 19 September NI Policing Board will open their application process for Independent Custody Visitors.

Keep your eye on our Facebook page for links to the opportunity from 19 Sept.



Volunteer Now, 239 Newtownards Rd, Belfast BT4 1AF  
Tel: 028 9023 2020

Email: [opportunities@volunteernow.co.uk](mailto:opportunities@volunteernow.co.uk)

Office hours: Mon-Fri: 9.00am - 4.30pm



Supported by the Northern Ireland Executive through the Department for Communities