

AUTUMN

MID & EAST ANTRIM LATEST VOLUNTEERING OPPORTUNITIES

Age NI - 'Staying Sharp' Volunteer

'Staying Sharp' is a project providing support to older people with mild cognitive impairments (MCI). Volunteers provide support to older people with MCI's to make healthy lifestyle choices, working towards reducing isolation and loneliness and increasing confidence. Register for further information bit.ly/2m5lgsP



Rosie's Trust - Dog Walkers, Cullbecky

We need volunteer dog walkers who are willing to help fellow animal lovers/owners who, because of their illness or disability, are unable to independently care for their beloved companion. We ask our volunteers to commit to 2 visits per week (approx 2 hours) Volunteers must be at least 18 years of age although we will accept under 18's if a parent is also a volunteer. bit.ly/2ltZChQ



Restore Larne - Shop Volunteers

We need keen and dedicated volunteers to join our Restore team who are eager to help others, work well in a team, keen to take the initiative. The roles may include customer service and counter duties, answering the phone and taking queries, keeping the shop clean, merchandising shop and window displays and taking responsibility to open / close the shop. For more information register through the Volunteer Now website bit.ly/2lGc3XQ



EAST BELFAST
MISSION
THE METHODIST CHURCH IN IRELAND

Carrickfergus Child Contact Centre - Volunteer Receptionist

Carrickfergus Child Contact Centre are looking for a front of house/receptionist on fortnightly Saturday mornings. This role requires someone who is good with people, friendly and welcoming. Their main role is to welcome and sign all the families into and out of the centre. The volunteer must also be confident to respond to queries. We already have one person in post who will rotate weeks. Minimum commitment three hours per fortnight. bit.ly/2lMxqGN



Carrickfergus
Child Contact Centre

MindWise - Activities Volunteers

MindWise are looking for volunteers to organise and plan activities within the housing service and in the local community. Help promote and facilitate members in assessing the group sessions. Ensure health and safety is maintained at all times and support the team in various tasks as required by the Supervisor. bit.ly/2kC8iCC



Carrick Rangers Football Club
Is looking for Volunteers for their home matches at Taylor's Avenue
[Watch this.....space for more information](#)

Alzheimer's Society - Side by Side Volunteer

Leading the fight
against dementia
**Alzheimer's
Society**

What's involved?

You'll be helping a person living with dementia to take part in their favourite activities or even try new ones; from joining a local club or going to the library, to going to the football, or just for a stroll in the park. You'll complete a short profile of yourself with information about you and your interests for a person living with dementia to look at. If they share some of your interests, you'll be matched together and meet regularly to accompany them in their chosen activities. See the following areas:

- ♦ **Antrim (Holywell Hospital)** bit.ly/2khd3Bu
- ♦ **Causeway Hospital** bit.ly/2IP4jTg
- ♦ **Carnlough** bit.ly/2kFo4N2
- ♦ **Carrickfergus** bit.ly/2IR7ZE3
- ♦ **Larne** bit.ly/2m5fIE7

Inspire - Befriender



We are looking befrienders to offer support to service users experiencing mental health problems and build a valued relationship; with the aim of increasing the individuals' confidence, independence and self-esteem. Once you have been matched with a service user, you will offer individual support on a regular basis. This could be a cup of tea and a chat or going out to the shops, going to the library or other social activities. If you can offer a clear time commitment, show empathy and have good communication skills, then we would love to hear from you. Volunteers must be 18+ and be prepared to commit to a minimum of 2 hours per week, access to a car would be beneficial. For further details and to register. bit.ly/2COAPuJ

Railway Preservation Society of Ireland - Carriage Restoration Volunteer



Railway Preservation Society of Ireland is looking for volunteers to join their Carriage and Wagon Works (Whitehead) in restoring some of our beautiful vintage carriages. No experience necessary as all skills will be taught on site. Whether you are handy with a paintbrush or fancy learning more about upholstery, there's a job for you here. One day you may even be able to travel on the very carriage that you have worked on restoring. bit.ly/2J2lhXv

Carrickfergus Junior Gateway - Club Leader

Carrickfergus Junior Gateway is a social space for young people with learning disabilities to come together and interact with others with similar interests to themselves. We are looking to recruit people who are passionate about supporting young people to be the best that they can be. You don't need to have experience of working with young people or previous experience working with people with a learning disability as we'll support you and answer any questions you might have. bit.ly/2IDC7CV



Do you have access to the internet?

Use the 'Volunteer Search' panel on our homepage www.volunteernow.co.uk to look for more opportunities ...

Select your activity, enter your postcode and click 'search'. To apply, click 'register now' in the opportunity description and the organisation will come back to you with more information.

Opportunities are also posted daily on our social media - follow [VolunteerNow](#) on Facebook and [@VolunteerNow1](#) on Twitter

For more information about volunteering in the North West area contact:

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