# DUNGANNON LATEST VOLUNTEERING OPPORTUNITIES

# What would you like to do?

There's lots of volunteering opportunities on www.volunteernow.co.uk and there's sure to be something that suits you!

Click 'Search for Volunteering Opportunities' on our homepage and then use 'Filter by' to select the type of activity you would be interested in. When you apply for an opportunity, the organisation will come back to you with more details.

Not sure what type of volunteering you want to do? Simply enter your location and change the distance to 5 miles (leave all the other filters blank) - this will show you everything currently available in vour area.

Need a hand to find or register for an opportunity? Call us on 028 9023 2020 or email opportunities@volunteernow.co.uk

#### **Depaul - Castlehill Activities Volunteer**

Castlehill is a low threshold supported accommodation Service for single people and couples who are experiencing homelessness. Volunteers will organise social activities that will encourage service users to come together and use communal space. Activities could include: cookery, creative activities, games (pool table), guizzes, bingo, watching movies etc.

#### Early Years - Family Health Initiative Volunteer

Early Years - the Organisation for young children deliver a Family Health Initiative programme which is for families and children. There are 2 programmes, a prevention programme for families with children under 5 years, and a healthy lifestyle programme for families with children aged 8-11 years Volunteers will receive experience in planning and preparing for weekly sessions as well as hands on practical experience.

#### Loughshore Care Partnership - Shopping & Pharmacy Collection Volunteer

This volunteer role will help take the pressure of families at a difficult time in their lives and supply them with their needs.







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### Niamh Louise Foundation -Administrator



This will involve making and answering calls, responding to emails, sorting post, letter typing, printing, photocopying and filing. You would also assist at fundraising events, meetings and other activities. You will have the opportunity to avail of all relevant training.

#### Armagh Gateway Club -Support Volunteer



The club has approximately 30

members with learning or physical difficulties. As a volunteer you would be required to support members in various activities eq arts, crafts, drama, guiz nights, bingo, musical nights and theatre trips. You will have the full support of our experienced staff who are very willing to help new volunteers and we can ensure you will be given our full support.

# Cancer Research - Charity Shop Volunteer

Are you interested in retail, serving customers or working behind the scenes? We have opportunities for you in our very friendly shop in the town centre. Whether it



is on the shop floor serving, opening and locking up or behind the scenes preparing items for display

and sale, we would be delighted to hear from interested volunteers.

#### **Belfast Central Mission - Isolation** Buster

The role based in the Southern Trust will involve a home visit with an older person either on a weekly or fortnightly basis.



Helping the older person to combat isolation and having a warm and sociable chat. Time commitment will require 1-2 hours per week.

Travel will be required. The person will be required to have good communication skills and empathy for older people.

All applications will be subject to references and Access NI. Regular progress meetings, training and support will be provided by the organisation.





For more information about volunteering in the Armagh & Dungannon areas contact: Edel Cunningham T: 07850 851821 E: edel cunningham@volunteernow.co.uk

# **Dungannon All Stars -**Swim Confidence Coach



This is an opportunity to pass on your swimming skills or to help with confidence in the pool. You don't need to be able to swim just willing to help. Must get registered with Special Olympics. Swimming is on a Monday evening from 7.30-8.30pm in Dungannon Leisure Centre.

# **Alzheimer's Society - Awareness Raising Volunteer**

An Awareness Raising Volunteer ensures that our services are highly visible and accessible to those who need them and will increase



people's awareness of dementia in your local community. This may include leaflet or poster drops in GP surgeries and libraries, assisting at information stands. Although times are flexible, reliability is vital.





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