

# MID & EAST ANTRIM LATEST VOLUNTEERING OPPORTUNITIES

## What would you like to do?

There's lots of volunteering opportunities on [www.volunteernow.co.uk](http://www.volunteernow.co.uk) and there's sure to be something that suits you!

Click 'Search for Volunteering Opportunities' on our homepage and then use 'Filter by' to select the type of activity you would be interested in. When you apply for an opportunity, the organisation will come back to you with more details.

Not sure what type of volunteering you want to do? Simply enter your location and change the distance to 5 miles (leave all the other filters blank) - this will show you everything currently available in your area.

Need a hand to find or register for an opportunity? Call us on **028 9023 2020** or email [opportunities@volunteernow.co.uk](mailto:opportunities@volunteernow.co.uk)

## Carrick Rangers Football Club - Volunteer Stewards



Carrick Rangers FC is looking for Volunteer Stewards for their home matches at Taylor's Avenue. As a Steward you will play a key role in the safety and enjoyment of all supporters on match days. Whilst these are voluntary roles, you will be able to watch the game free of charge when your stewarding duties allow.

## MindWise - Activities Volunteers



To plan, organise and run group activities in the community for service users and encourage service user participation. This role provides volunteers with an opportunity to develop their own self-confidence in facilitation as well as learning from staff and other volunteers. This role may also involve supporting staff to engage service-users in community activities.

## Age NI - 'Staying Sharp' Volunteer

'Staying Sharp' is a project providing support to older people with mild cognitive impairments (MCI) in Ballymena and the surrounding area. The aim of this project is to support healthy lifestyle choices to reduce the risk of developing dementia by providing more information and developing a person centred approach designed around individual needs. 'Staying Sharp' aims to increase confidence, reduce isolation and loneliness and provide a wider support network. Volunteers provide support to older people with MCI's to make healthy lifestyle choices, working towards reducing isolation and loneliness and increasing confidence.



## Belfast Lough Sailability - On the Water Activities/Shore Support Volunteers

Belfast Lough Sailability (BLS) offers a volunteering opportunity to all age groups and abilities and is based at Carrickfergus Marina. BLS has a fleet of 18 boats comprising of kayaks, sailing and power support boats with some craft specially adapted for those with disabilities. Searover power craft drop bow for wheelchair access and a Paralympic class sailing boat the Skud. A charity run by volunteers, BLS operates an open session on Wednesday nights at 7pm April to September to offer sailing and on the water activities for those with disabilities, special needs groups book in during the week and Saturday mornings are also available.



## The Hope Centre



The Hope Centre, community-based provider of support to people of all ages who are affected by, or at risk of addiction, are looking to recruit volunteers 18+ for the following roles.

- ◆ Addiction and support
- ◆ Therapist volunteers
- ◆ Councillors
- ◆ Alternative therapies
- ◆ Retail and Reception
- ◆ Cleaning / housekeeping
- ◆ Gym / Fitness  
(Gym facilities are located at the centre)  
*This would be applicable to Health/ Sport/Fitness students, who could gain their required experience & hours within the gym if appropriate qualifications had been obtained)*

## Railway Preservation Society of Ireland - Restoration Volunteer



Railway Preservation Society of Ireland is looking for volunteers to join their Carriage and Wagon Works (Whitehead) in restoring some of our beautiful vintage carriages. No experience necessary as all skills will be taught on site. Whether you are handy with a paintbrush or fancy learning more about upholstery, there's a job for you here. One day you may even be able to travel on the very carriage that you have worked on restoring.

## Carrickfergus Junior Gateway - Club Leader

Carrickfergus Junior Gateway is a social space for young people with learning disabilities to come together and interact with others with similar interests to themselves. We are looking to recruit people who are passionate about supporting young people to be the best that they can be. You don't need to have experience of working with young people or previous experience working with people with a learning disability as we'll support you and answer any questions you might have.



## North West 200 - Event Volunteers



Volunteers will help with the smooth running of events during race week (10-16 May). They will have the opportunity to meet and greet visitors from all over the world at various visitor arrival points (including airports and train stations). The team will have the opportunity to enhance the overall experience of the NW 200 and positively influence people's perception of Northern Ireland.

Opportunities are also posted daily on our social media - follow [VolunteerNow](#) on Facebook and [@VolunteerNow1](#) on Twitter

For more information about volunteering in the North East area contact:

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