

# Autumn 2020

## NORTH DOWN & ARDS LATEST VOLUNTEERING OPPORTUNITIES

### MS Society – Monday Club Volunteers

Our Monday club in Bangor runs on the 2nd and 4th Mondays each month and supports people living with MS. A social atmosphere is created, games are played or crafts created and a light lunch served. Could you help keep this group strong and healthy? We need new volunteers to join the team to help with any or all of the below: \* Helping set up the room \* Helping with activities \* Helping with serving tea? Can you help on one or two Mondays, from 12.30pm-3.30pm?. <https://bit.ly/2D8JqeR>



### The Link Charity Shop – Shop Assistant

Our Charity Shop volunteer will work as part of a team and will

- Receive and sell stock from members of the public.
- Learn and use the stock control online systems in the shop to record sales.
- Arrange and record collection/deliveries
- Keep the shop clean and tidy
- Move small light items of bric-a-brac and furniture around the shop.
- Handle cash and record the sales and finance each session.

Training will be provided

<https://bit.ly/2Xe70hc>



### Volunteer Now - Volunteer Driver

As a volunteer driver, you will drive service users to and from their homes to a variety of appointments including those at hospitals, day centres, dentists and classes. Drives usually take place Monday to Friday but there is an occasional need for evening and weekend drives. You will not be on your own, you will have support & training and will be part of a great group of volunteers with regular get togethers. For further information contact Volunteer Now on **028 9023 2020** or email:

[info@volunteernow.co.uk](mailto:info@volunteernow.co.uk)



### MARC Project – Drop-in Volunteer

The Link is a Christian community based organisation ensuring an active Christian presence in the Newtownards and wider community. The MARC Project provides much needed support to individuals who experience difficulties in their lives due to substance misuse. Drop-in volunteers will help to set up the room, make tea/coffee, listen to, befriend and accept all the clients attending the Drop In, participate in activities and encourage, challenge and support individuals while under the guidance of the MARC Team Leader <https://bit.ly/33G2I5U>



# [www.volunteernow.co.uk](http://www.volunteernow.co.uk)

## The Turnaround Project - Volunteer Driver



The Turnaround Project is working to redefine the boundaries between the justice system and the wider community. We are currently seeking a female volunteer driver to assist with driving one of our female trainees from Newtownards or Belfast to appointments in Loughbrickland. Appointments are twice weekly on Mondays and Wednesdays 10.15 am - 3.15 am for 12 weeks. Public transport is expensive and often unreliable and this additional support would be of such benefit to this young woman if you felt able to assist in covering once a week or occasional.

<https://bit.ly/3iHwTPj>

## MS Society– Volunteer Team Activities Volunteer



Our Activities Volunteers use their can do attitude to enable people with MS to participate in local group activities by providing practical support at the event.

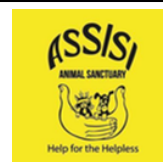
<https://bit.ly/3ggwFx7>

## Salvation Army– Telephone Befriender



Do you want to make a difference to the community and show isolated individuals that someone cares? Please consider volunteering as a befriender with Bangor Salvation Army, helping to befriend within the North Down community. <https://bit.ly/2LR3Nyc>

## Assisi Animal Sanctuary – Charity Shop Retail Assistants



Be an integral part of our Charity Shop retail team; assist in maximising sales and ensuring that all customers have a positive experience of Assisi Animal Sanctuary when visiting and shopping in one of our retail stores.

Bangor store : <https://bit.ly/2XcxKP4> Newtownards Store: <https://bit.ly/2CWsloD>

## What would you like to do?



There's lots of volunteering opportunities on [www.volunteernow.co.uk](http://www.volunteernow.co.uk) and there's sure to be something that suits you!

Click 'Search for Volunteering Opportunities' on our homepage and then use 'Filter by' to select the type of activity you would be interested in. When you apply for an opportunity, the organisation will come back to you with more details.

Not sure what type of volunteering you want to do? Simply enter your location and change the distance to 5 miles (leave all the other filters blank) - this will show you everything currently available in your area.

Need a hand to find or register for an opportunity? Call us on **028 9023 2020** or email [opportunities@volunteernow.co.uk](mailto:opportunities@volunteernow.co.uk)

*Organisations may introduce additional measures to ensure these volunteering roles meet good practice particularly in relation to Covid-19.*

For more information about volunteering in the Lisburn & Castlereagh areas contact:

Antje Otto: T: 078 5091 0606 E: [Antje.Otto@volunteernow.co.uk](mailto:Antje.Otto@volunteernow.co.uk)

Andrew Hanna: T: 028 9023 2020 E: [Andrew.Hanna@volunteernow.co.uk](mailto:Andrew.Hanna@volunteernow.co.uk)



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