

WINTER

NEWRY AREA LATEST VOLUNTEERING OPPORTUNITIES

PARKINSON'S NI

Support Group Helper (Newry & Mourne Support Group)

Parkinson's UK local groups offer friendship, support, and numerous activities for people affected by Parkinson's.

In Newry & Mourne, the group is a core part of the local Parkinson's community. Joining as helper means you will be too - meeting new people and building new relationships.

You could be putting the kettle on, to give a warm welcome to new group attendees, or making sure the group activities run smoothly - and all activities are open to you too.

This role is flexible, and can be tweaked to suit the time you have to give. Our staff and existing volunteers will be there to support you every step of the way.

Why we want you

Local groups across the UK are run by volunteers and offer friendship and support to people living with Parkinson's and their families and friends. The friendly faces and warm welcome provided by support group helpers means attendees get the most from the group, with the activities on offer running smoothly. <http://bit.ly/2Mh3csJ>

PARKINSON'S^{UK}
CHANGE ATTITUDES.
FIND A CURE.
JOIN US.

ALZHEIMER'S SOCIETY

Side By Side Telephone Volunteer- NI

Leading the fight
against dementia
Alzheimer's
Society

What's involved?

As a Side by Side Telephone Volunteer you'll be regularly contacting people living with dementia, chatting with them about their interests and listening to what they want to talk about. You might also signpost them to other groups and organisations providing services and activities that they can benefit from. The number of people you'll be in touch with will vary, depending on how many you feel you can support. **You must be resident in Northern Ireland for this role**

About you:

Are you interested in supporting people living with dementia, enabling them to feel less lonely? If you are, and you feel confident using the telephone and enjoy talking with people, then this role could be for you. Ideally you'll have good verbal communication and listening skills and be happy to work on your own. You can carry out this role from the comfort of your own home or in one of our offices. <https://bit.ly/3obDwuV>

PIPS Hope and Support

Flag Day Volunteer -

Sat 27th March PIPS Hope and Support is the leading, independent advocate in the Southern Trust and Newry, Mourne and Down Council Area on all aspects of Suicide, including intervention, prevention, postvention and current trauma in order to reduce and prevent suicide, self-harm and emotional and mental distress.

We would love volunteers to join us in a street collection in Newry City on Saturday 27th March from 10:00am - 6:00pm. We would ask that you could give a 2hr shift to volunteer.

Volunteering with us, you will be assisting and supporting us in raising fundamental funds to allow our charity to continue providing our crisis response to those in need.

<http://bit.ly/3pZZdjo>

PIPS
Hope and Support

MS Society NI

Campaigner Volunteer



Do you have a great idea to benefit people living with MS? At the MS Society, we campaign on a range of issues like welfare, treatments, care and support that people with MS need. We want to do more locally and want to support your ideas on making change happen. Together we can do more.

Perhaps you've spotted there are no blue badge spaces at your local supermarket? Or maybe your neighbourhood has no kerbs easy for wheelchairs to use? In this volunteer role, you'll help drive change for people with MS in your community and develop your networking and influencing skills.

<http://bit.ly/3smKuAB>

Parkinson's NI Support Group Finance Contact (Newry & Mourne)

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Why we want you

Local groups are run by volunteers and offer friendship and support to people living with Parkinson's, their families and carers across the UK. The Support Group Finance Contact leads and guides the finances within the group and records financial activity accurately.

The skills you need

- ideally have previous financial or accounting experience, as well as a willingness to learn
- are effective communicators, as you will be working with a wide range of different people
- are collaborative and team focused, as you will need to discuss the group's finances with the group and Parkinson's UK
- are motivated and reliable, with strong financial, IT and organisational skills in order to help the group operate <http://bit.ly/39TlgkZ>

British Red Cross (Newry, Rostrevor, Kilkeel) Support At Home Volunteer



Could you help us to support someone experiencing a health and social care crisis? The service operates Monday to Friday 9 - 5. Minimum of 6 months commitment 3 hours per week.

You would provide practical support such as light shopping for someone who has been discharged from hospital.

You would reconnect people with their communities to help overcome loneliness.

You would help someone connect with other organisations who can offer them support with their long-term health condition

<https://bit.ly/2Kb93yJ>

TinyLife (All across Northern Ireland) Volunteer Drivers (Breast Pump Loan Service)



We are looking for Volunteer Car Drivers across Northern Ireland to support our Breast Pump Loan service for mums of premature babies. TinyLife operates a Breast Pump loan service with a fleet of around 120 hospital grade breast pumps that can be loaned to mums of premature and sick babies in neonatal units across Northern Ireland. Each pump costs around £1200 which means that offering a loan service makes these pumps accessible for families to use for very little cost at this most vulnerable and difficult time. <https://bit.ly/35pNwKH>

Royal National Institute for the Blind (RNIB) Technology Volunteers



Technology gives us the power to access information, to exercise consumer choice, to plan independent travel, to enjoy global entertainment in the palm of our hands and to share our experiences. Our volunteers unleash this power, ensuring that blind and partially sighted people are not excluded from a connected world. Long before pac-man was eating pac-dots, volunteers were supporting people with sight loss to use technology. They help with a huge range of devices - from tablets to talking book players.

All across the country, our volunteers: help people set up new devices or troubleshoot tech issues remotely <https://bit.ly/3n68K75>

Mindwise (Newry) Activities Volunteers



Volunteers will plan, organise and run group activities in the community for service users and encourage service user participation. This role provides volunteers with an opportunity to develop their own self-confidence in facilitation as well as learning from staff and other volunteers. This role may also involve supporting staff to engage service-users in community activities. As a volunteer you will receive training and support as well as out of pocket expenses.

<https://bit.ly/31UdOn1>



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Information on this sheet is correct at time of printing

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Dementia NI — Fundraising Volunteer - Home Based during Covid- 19 Crisis



We are looking for enthusiastic volunteers to support our fundraising across NI. The purpose of the role is to support **Dementia NI**'s community fundraising plans. We welcome you and whatever you would wish to achieve via volunteering; experience, sharing of existing skills or using extra time you may have.

At **Dementia NI** we know that volunteers are vital to the smooth running of our organisation; they are essential to help support and enable our vision to ensure everyone who is living with dementia in Northern Ireland to receive accurate and timely diagnosis, have access to appropriate services and ensure people with dementia live well with the right support. **Dementia NI** empowers people living with dementia to have their say on what is important to them. <https://bit.ly/3sBldBW>

CRUSE Bereavement Care —



Bereavement Volunteers for Telephone Support

Cruse's key resource is its volunteers. None of what Cruse achieves would be possible without the passion, dedication and skills of our volunteers.

We are looking for empathetic individuals with good listening skills to join our team of volunteers to provide ongoing telephone support to clients who have been bereaved across Northern Ireland.

In return you will get great satisfaction from helping others, meet new people, access online training, build your CV and have dedicated supervisory support.

<https://bit.ly/2LLth1>

Barnardos Child Contact Centre (Newry) - Centre Volunteers



Newry CCC provides a safe, friendly and neutral place where children of separated families can spend time with one or both parents or other family members. Volunteers work as part of a team to prepare the Centre for families e.g: - Checking arrangements for each family's arrival (with co-ordinator). - Organising a range of toys and or play equipment. The volunteer is responsible for supervising and escorting child/ren to the contact parent at the beginning and the end of every session, Volunteers help to ensure that families can build up trusting relationships with each other and with Newry Contact Centre staff by maintaining confidentiality and showing discretion at all times. <https://bit.ly/2F4sDdO>

National Autistic Society World Autism Awareness Week Volunteer—Homebased



World Autism Awareness Week (WAAW) is the most significant week in the National Autistic Society's yearly calendar, both in terms of campaigning and fundraising. In 2021, WAAW will take place from **Monday 29 March until Sunday 4 April**. In the Supporter Fundraising team, we know that the more direct contact we have with our supporters, the more money we will raise. A volunteer in the WAAW 2021 team, who would enable us to reach more of our fantastic fundraisers, to support them with their plans.

To find out more about this volunteer role please click on the following link <http://bit.ly/3smKuAB>

“Volunteers do not necessarily have the
time; they have the heart.”

Elizabeth Andrew

Hope4ME&Fibro (Newry) - Treasurer



Do you like working with figures? Then you are just what we need! You will ensure all financial bookwork is processed and presented to our accountant for the annual Charity Commission submission. Filing all corresponding invoices and receipts to monthly bank statements. Also if you have the skills needed, applying for small grants required for the day to day running of the charity. Other possible admin jobs to be discussed, if willing! Laptop will be provided. This role can be home-based or can be performed in our garden office. Good knowledge of accountancy is required as well as an understanding of basic internet technology, including laptops, tablets and smartphones
<https://bit.ly/3jlh3no>

Disability Action NI Onside Volunteers Peer Advocate Volunteers



At *ONSIDE, we support disabled people in our community to reduce social isolation by using digital technology. Peer Advocate Volunteers play a vital role in helping us achieve this aim. As a Peer Advocate, you will share your knowledge of the online world, offer companionship and help people who would otherwise be isolated to stay in touch with loved ones and the wider community. <https://bit.ly/3nuuSri>

Mindwise - (Newry) Walking Group Leader



Plan, organise and run walking groups in the community for service users and encourage service user participation. This role provides volunteers with an opportunity to develop their own self-confidence in facilitation as well as learning from staff and other volunteers. This role may also involve supporting staff to engage service users in community activities. As a volunteer you will receive training and support as well as out of pocket expenses.

<https://bit.ly/31UdOn1>

Rosie Trust (Newry) - Animal Lovers



At Rosie's Trust our mission is to preserve and protect the special relationship between people and their companion pets. We will do this when that relationship is at risk due to the person receiving a terminal diagnosis. The bond between an owner and their pet can be extremely strong, and can provide companionship, security, and emotional comfort. We are currently hoping to find volunteers to join Team RT in our most popular Canine Support role. You will work as part of a team dedicated to a particular pet and their owner. Main tasks include: playing with the dog, walking the dog, building a trusting relationship, transporting the dog to the vet or groomer and helping with feeding and watering. <https://bit.ly/37ONPPx>

Hourglass NI - (Homebased) Helpline Volunteer



Our Helpline volunteers are often the first port of call for vulnerable older people (or perhaps worried family members or carers). They provide a listening ear, emotional support and explore various sources of help. You don't need to be expert – just compassionate, understanding and have an interest in issues affecting older people. We'll provide full training, and you'll have extensive support from our staff and other volunteers in the team. <https://bit.ly/37O4S4n>

Organisations may introduce additional measures to ensure these volunteering roles meet good practice particularly in relation to Covid-19.

For more information about volunteering in the Newry & Mourne areas contact:
Clara O'Callaghan T: 07999 118485 E: clara.o'callaghan@volunteernow.co.uk



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