



NEWRY

VOLUNTEERING OPPORTUNITIES

Click on the link at the end of each opportunity to find out more

PIPS Hope and Support WELL-Bean Cafe Volunteer Opportunities



Since PIPS Hope and Support was formed in 2003, the charity has evolved in response to community needs, providing a comprehensive range of interventions and support for individuals in emotional distress and at risk of suicide, and their Carers.

PIPS Hope and Support is piloting a Café approach to support individuals in emotional crisis in a safe, non-stigmatising environment.

The WELL-Bean Café launched on Mon 29th March and plans to be open on;
Friday evenings 6pm—11pm,
Saturday afternoon 12pm—7pm
Sunday afternoon 12pm—7pm and
Monday evenings 6pm—11pm - staffed by PIPs counsellors and volunteers. The WELL-bean Café will be located in **Newry City Centre**.

PIPS are recruiting volunteers to work with counsellors at the Café during each shift, when COVID restrictions are lifted. Once recruited WELL-bean Café volunteers will be provided with comprehensive online training and induction.

To find out more click on this link
<http://bit.ly/3r4y92l>

Cuan Mhuire Arts & Crafts Volunteer



Cuan Mhuire is Ireland's largest voluntary provider of Rehabilitation Treatment for individuals suffering from addiction and other related issues. Cuan Mhuire has treated over 75,000 people. Its main objective is the rehabilitation of persons suffering from alcohol, drug and gambling addictions.

The aim of the Arts and Craft workshops is to improve health and well-being by facilitating access to highly creative activities. We will supply all materials.

We are looking for people who:
Ideally have experience in Arts and Crafts but this is not essential
Have a friendly, welcoming and approachable manner
Enjoy and are skilled in social interaction
Will inspire and motivate participants
Can work effectively in a team
Enjoy arts based activities
Want to make a difference in their community
Are able to work confidentially using professional discretion and recognise boundaries
Can be flexible in their approach to tasks

To find out more click on this link
<https://bit.ly/3dwXj5T>

Silvery Light Sailing Tall Ship Maritime Sailing Volunteers



Silvery Light Sailing seeks volunteers interested in Maritime Heritage, Traditional Sailing and Restoration Skills.

The charity operate and maintain a 100 ft Dutch Sailing Barge.

With a workshop in Green Bank Industrial Estate Newry they engage in vessel restoration skills and recreational sailing qualification training.

<http://bit.ly/3kEJRpi>

The Clanrye Group Zoom Host Support Volunteer

Family Foundations is a Community Family Support Programme (CFSP) delivering a bespoke, holistic, person-centred and motivational programme enhancing individuals' employability and transforming their lives.

The programme is aimed at 16 to 65 year olds not in Education, Training or Employment to support them to break down barriers, build on their skills and personal development which is the foundation for progressing onto employment, education/training.

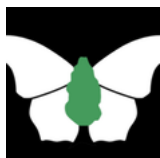
In response to Covid19 regulations we have moved our Family Foundations courses online using ZOOM. We are looking for volunteers to support the Host during these live classes. You will act as a listening support while the host is delivering the class.

Online activity takes place from 10am – 1pm daily

The role will be home based while courses are delivered online. <http://bit.ly/3t8Nr7B>

BUTTERFLY CONSERVATION - NORTHERN IRELAND BRANCH

Secretary for the Butterfly
Conservation Committee NI



We are a group of volunteers working to deliver various nature conservation activities. We have a Committee that runs the activities and would like to attract someone to take on our Secretary role. It would suit someone who has good attention to detail and an interest in wildlife.

We are a friendly bunch and most of our meetings are held by video conference so there is little travel required.

Tasks and responsibilities:

- ♦ arranging meetings and ensuring all necessary materials available
- ♦ producing agendas and taking minutes
- ♦ sending out welcome packs to new members

<http://bit.ly/3bNrbsQ>

British Red Cross (Newry) Emergency Response Surge Volunteer (Rota)



This is an Ad Hoc Role - volunteers will be contacted when needed in an emergency such as adverse weather or for a preplanned event such as Anti Human Trafficking. The service has a need of applicants with day-time availability.

Volunteers for this role must be over 18, hold a full driving licence and have access to own vehicle.

Volunteers must live within a 15 mile radius of Newry. This role requires an Access NI check.

<https://bit.ly/3tV8M4W>

Maire Curie Retail Shop Volunteer

Our charity shops rely on the generous donations made by the public to raise crucial funds for Marie Curie. From clothes, home ware, books, to CDs and DVDs, we sell a wide variety of products.

We are looking for volunteers to help us sort through all these donations, pick out the best items and prepare and sell them to our customers. This allows us to raise funds so our nurses can continue to provide care to terminally ill people and support for their families.

Young volunteers (aged 14 – 17 years) are welcome in our retail stores. A completed parent / guardian permission form will be required if you are offered a role. <https://bit.ly/2Q2gfk5>

Confederation of Community Groups



Good Day Good Carer—Telephone
Befriending Volunteer

The purpose of the Confederation of Community Groups is to support and encourage the development of voluntary action by communities and individuals and in so doing contribute to the creation of a powerful and inclusive community that will influence positive change.

As a volunteer with the Good Day, Good Carer project you will give 1 - 1.5 hours of your morning to support older Carers in our community. Due to current restrictions this support will be delivered by phone-call and you will be based at home.

You will need basic IT knowledge and have access to a laptop or a computer.

You can select which morning suits you to volunteer.

To find out more click on the following link

<http://bit.ly/31qhMF7>



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Dementia NI — Fundraising Volunteer - Home Based during Covid- 19 Crisis



We are looking for enthusiastic volunteers to support our fundraising across NI. The purpose of the role is to support **Dementia NI**'s community fundraising plans. We welcome you and whatever you would wish to achieve via volunteering; experience, sharing of existing skills or using extra time you may have.

At **Dementia NI** we know that volunteers are vital to the smooth running of our organisation; they are essential to help support and enable our vision to ensure everyone who is living with dementia in Northern Ireland to receive accurate and timely diagnosis, have access to appropriate services and ensure people with dementia live well with the right support. **Dementia NI** empowers people living with dementia to have their say on what is important to them. <https://bit.ly/3sBldBW>

CRUSE Bereavement Care —



Bereavement Volunteers for Telephone Support

Cruse's key resource is its volunteers. None of what Cruse achieves would be possible without the passion, dedication and skills of our volunteers.

We are looking for empathetic individuals with good listening skills to join our team of volunteers to provide ongoing telephone support to clients who have been bereaved across Northern Ireland.

In return you will get great satisfaction from helping others, meet new people, access online training, build your CV and have dedicated supervisory support.

<https://bit.ly/2LLth1>

Barnardos Child Contact Centre (Newry) - Centre Volunteers



Newry CCC provides a safe, friendly and neutral place where children of separated families can spend time with one or both parents or other family members. Volunteers work as part of a team to prepare the Centre for families e.g: - Checking arrangements for each family's arrival (with co-ordinator). - Organising a range of toys and or play equipment. The volunteer is responsible for supervising and escorting child/ren to the contact parent at the beginning and the end of every session, Volunteers help to ensure that families can build up trusting relationships with each other and with Newry Contact Centre staff by maintaining confidentiality and showing discretion at all times. <https://bit.ly/2F4sDdO>

Hourglass NI - (Homebased) line Volunteer



Our Helpline volunteers are often the first port of call for vulnerable older people (or perhaps worried family members or carers).

They provide a listening ear, emotional support and explore various sources of help. You don't need to be expert – just compassionate, understanding and have an interest in issues affecting older people.

We'll provide full training, and you'll have extensive support from our staff and other volunteers in the team. <https://bit.ly/37O4S4n>

PARKINSON'S NI



Support Group Helper (Newry & Mourne Support Group)

Parkinson's UK local groups offer friendship, support, and numerous activities for people affected by Parkinson's. In Newry & Mourne, the group is a core part of the local Parkinson's community. Joining as helper means you will be too - meeting new people and building new relationships. You could be putting the kettle on, to give a warm welcome to new group attendees, or making sure the group activities run smoothly - and all activities are open to you too. This role is flexible, and can be tweaked to suit the time you have to give. Our staff and existing volunteers will be there to support you every step of the way.

Why we want you Local groups across the UK are run by volunteers and offer friendship and support to people living with Parkinson's and their families and friends. The friendly faces and warm welcome provided by support group helpers means attendees get the most from the group, with the activities on offer running smoothly.

<http://bit.ly/2Mh3csJ>



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Parkinson's NI Support Group Finance Contact (Newry & Mourne)

PARKINSON'S^{UK}
CHANGE ATTITUDES.
FIND A CURE.
JOIN US.

Why we want you

Local groups are run by volunteers and offer friendship and support to people living with Parkinson's, their families and carers across the UK. The Support Group Finance Contact leads and guides the finances within the group and records financial activity accurately.

The skills you need

- ideally have previous financial or accounting experience, as well as a willingness to learn
- are effective communicators, as you will be working with a wide range of different people
- are collaborative and team focused, as you will need to discuss the group's finances with the group and Parkinson's UK
- are motivated and reliable, with strong financial, IT and organisational skills in order to help the group operate <http://bit.ly/39TlgkZ>

British Red Cross (Newry, Rostrevor, Kilkeel) Support At Home Volunteer

Could you help us to support someone experiencing a health and social care crisis?

The service operates Monday to Friday 9 - 5. Minimum of 6 months commitment 3 hours per week.

You would provide practical support such as light shopping for someone who has been discharged from hospital.

You would reconnect people with their communities to help overcome loneliness.

You would help someone connect with other organisations who can offer them support with their long-term health condition

<https://bit.ly/39evFIy>



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Royal National Institute for the Blind (RNIB) Technology Volunteers

RNIB
See differently

Technology gives us the power to access information, to exercise consumer choice, to plan independent travel, to enjoy global entertainment in the palm of our hands and to share our experiences. Our volunteers unleash this power, ensuring that blind and partially sighted people are not excluded from a connected world. Long before pac-man was eating pac-dots, volunteers were supporting people with sight loss to use technology. They help with a huge range of devices - from tablets to talking book players.

All across the country, our volunteers: help people set up new devices or troubleshoot tech issues remotely <https://bit.ly/3n68K75>

Action Cancer—Newry E-Commerce Volunteer

Action
cancer
Saving Lives Supporting People

We have an exciting new volunteering opportunity for someone who has an interest and a flare for selling online through the eBay market place. The impact of the pandemic has had a massive impact on the income that has been generated for Action Cancer through our shops with long periods of enforced closure. We are looking for someone who is driven, has an eye for detail and excited to take up this new role based out of our Newry shop for a few hours a week. The role will comprise of photographing, uploading and posting any items that sell through eBay for the charity.

All money that is raised through our shops goes directly to support Action Cancer's cancer prevention, detection and support services in Northern Ireland that are needed

MS Society NI Campaigner Volunteer



Do you have a great idea to benefit people living with MS? At the MS Society, we campaign on a range of issues like welfare, treatments, care and support that people with MS need. We want to do more locally and want to support your ideas on making change happen. Together we can do more.

Perhaps you've spotted there are no blue badge spaces at your local supermarket? Or maybe your neighbourhood has no kerbs easy for wheelchairs to use? In this volunteer role, you'll help drive change for people with MS in your community and develop your networking and influencing skills.

<http://bit.ly/3smKuAB>

Hope4ME&Fibro (Newry) - Treasurer



Do you like working with figures? Then you are just what we need! You will ensure all financial bookwork is processed and presented to our accountant for the annual Charity Commission submission. Filing all corresponding invoices and receipts to monthly bank statements. Also if you have the skills needed, applying for small grants required for the day to day running of the charity. Other possible admin jobs to be discussed, if willing! Laptop will be provided. This role can be home-based or can be performed in our garden office. Good knowledge of accountancy is required as well as an understanding of basic internet technology, including laptops, tablets and smartphones
<https://bit.ly/3jlh3no>

Disability Action NI Onside Volunteers Peer Advocate Volunteers



At *ONSIDE, we support disabled people in our community to reduce social isolation by using digital technology. Peer Advocate Volunteers play a vital role in helping us achieve this aim. As a Peer Advocate, you will share your knowledge of the online world, offer companionship and help people who would otherwise be isolated to stay in touch with loved ones and the wider community. <https://bit.ly/3nuuSri>

Mindwise - (Newry) Walking Group Leader



Plan, organise and run walking groups in the community for service users and encourage service user participation. This role provides volunteers with an opportunity to develop their own self-confidence in facilitation as well as learning from staff and other volunteers. This role may also involve supporting staff to engage service users in community activities. As a volunteer you will receive training and support as well as out of pocket expenses.
<https://bit.ly/31UdOn1>

ALZHEIMER'S SOCIETY Side By Side Telephone Volunteer- NI



What's involved?

As a Side by Side Telephone Volunteer you'll be regularly contacting people living with dementia, chatting with them about their interests and listening to what they want to talk about. You might also signpost them to other groups and organisations providing services and activities that they can benefit from. The number of people you'll be in touch with will vary, depending on how many you feel you can support. **You must be resident in Northern Ireland for this role**

About you:

Are you interested in supporting people living with dementia, enabling them to feel less lonely? If you are, and you feel confident using the telephone and enjoy talking with people, then this role could be for you. Ideally you'll have good verbal communication and listening skills and be happy to work on your own. You can carry out this role from the comfort of your own home or in one of our offices. <https://bit.ly/3obDwuV>

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Organisations may introduce additional measures to ensure these volunteering roles meet good practice particularly in relation to Covid-19.

For more information about volunteering in the Newry & Mourne areas contact:
Clara O'Callaghan T: 07999 118485 E: clara.o'callaghan@volunteernow.co.uk



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