

Unemployment in Lockdown

KEEP AN OPEN DIALOGUE
WITH YOUR CHILDREN

CHILDREN HAVE A WAY OF IMAGINING THE
WORST SO THE TRUTH CAN BE FAR LESS
DEVASTATING THAN WHAT THEY HAVE
ENVISIONED

Helping
Children
cope:

CHILDREN NEED TO FEEL AS IF



THEY ARE HELPING

THEY MAY WANT TO HELP AND ALLOWING
THEM TO CONTRIBUTE SUCH AS TAKING A
CUT IN ALLOWANCE, AFTER SCHOOL JOB
OR DEFERRING EXPENSIVE PURCHASES
CAN MAKE THEM FEEL PART OF THE
TEAM



"IT'S NOT ANYBODY'S FAULT!"

THEY MIGHT THINK YOU DID SOMETHING WRONG TO
CAUSE JOB LOSS OR THEY MAY FEEL RESPONSIBLE
OR FINANCIALLY BURDENSOME. REGARDLESS OF AGE
THEY NEED REASSURANCE IN THESE MATTERS

