



NEWRY LATEST VOLUNTEERING OPPORTUNITIES

Hourglass - Helpline Volunteer



Our Helpline volunteers are often the first port of call for vulnerable older people (or perhaps worried family members or carers). They provide a listening ear, emotional support and explore various sources of help. You don't need to be expert in abuse or the support framework for victims – just compassionate, understanding and have an interest in issues affecting older people. We'll provide full training, and you'll have extensive support from our staff and other volunteers in the team.

If the following apply to you, then we want to hear from you:

- you are aged 18 or over;
- you enjoy working with older people;
- you have excellent communication skills;
- you can build a rapport with older people, and or people in distress;
- you can provide empathy, advice, support or just be someone who can listen;
- you are willing to undertake comprehensive training to provide you with the relevant knowledge and skills to handle helpline calls.

We're looking for home based volunteers throughout Northern Ireland. We'd like you to take calls for a minimum half a day (4 hours) at least one day a week (Monday – Friday (9am -1pm /1pm - 5pm).

bit.ly/2Sirtlo

Head Injury Support Events Volunteer



Make a difference! Events Volunteers help to ensure that events for Head Injury Support run smoothly.

The role available is flexible, applicants can choose to get involved in the elements that most interest them.

The role will suit people who have a passion for events, working as part of a team and have a enthusiastic and friendly nature.

bit.ly/2Ssb65Y

Warrenpoint Town F.C. Public Relations Volunteer



WTFC have an exciting opportunity for a creative individual to come on board as a PR Officer. We are a NIFL club, with an already well established social media presence. For the chance to join an incredible team of individuals with the opportunity for progression, get in touch.

Tasks and responsibilities

- * Club Promotion via Social Media
- * Organising Campaigns
- * Writing Press Releases
- * Monitoring Publicity
- * Coordinating Advertising
- * Monitoring our Social Media Channels
- * Keeping Up-To-Date with Media Trends

bit.ly/3j77P78

PIPS Hope and Support WELL-Bean Cafe Volunteer Opportunities



Since PIPS Hope and Support was formed in 2003, the charity has evolved in response to community needs, providing a comprehensive range of interventions and support for individuals in emotional distress and at risk of suicide, and their Carers.

PIPS Hope and Support is piloting a Café approach to support individuals in emotional crisis in a safe, non-stigmatising environment.

The WELL-Bean Café is open on;
Friday evenings 6pm - 11pm,
Saturday afternoon 12pm - 7pm
Sunday afternoon 12pm - 7pm and
Monday evenings 6pm - 11pm

Each session is staffed by PIPs counsellors and volunteers.

The WELL-bean Café is located in at An Storás building behind Ballybot House, Cornmarket, Newry. .

PIPS are recruiting volunteers to work with counsellors at the Café during each shift. WELL-bean Café volunteers will be provided with comprehensive online training and induction.

To find out more click on this link
bit.ly/3r4y92l

Guide Dogs Fundraisers to put the FUN into fundraising in the Newry area!



Guide Dogs NI are now recruiting fundraising volunteers! Volunteering with Guide Dogs in your local area means you'll join a friendly team and meet new people whilst improving the lives of people living with sight loss.

Alison has been a fundraiser for 3 years. Here she tells us what she enjoys about the role.
"I like helping people, and I like to keep busy. Since volunteering I have discovered that I am actually capable of organising events, and remaining calm (most of the time!) in the face of hectic circumstances. I've gained both self-confidence and a feeling of satisfaction that I have helped to improve the lives of other people, even if only in a small way."

You will have the chance to take part in some or all of the following:

- * Street collections on 'flag' days
- * Help on stalls at local events
- * Take Collection Boxes to local businesses
- * Attending local events organised by Branches or Community Fundraiser and keeping track of what we sell on our stalls (including the cuddly toys!)
- * Count donations
- * Fundraisers are usually members of the local fundraising group

To find out more click here
bit.ly/2TfynJ1

CoderDoJo Champion/Volunteer



The CoderDoJo movement believes that everyone should have the opportunity to code and create with technology. It's increasingly important in the modern world and much easier to learn these skills early. We've built a global network of free, volunteer-led, community-based programming clubs for young people.

Anyone aged seven to seventeen can visit a Dojo where they can learn to code, build a website, create an app or a game, and explore technology in an informal, creative and social environment. CoderDoJo is part of the Raspberry Pi Foundation.

Champions make sure that everything comes together on the day so that the Dojo can run. They're the organiser and provide the perseverance and enthusiasm to start a Dojo and keep it running. It's not a huge time commitment, usually just a few hours a month. Most Dojos will also have at least one technical mentor who will help with the projects and activities that the ninjas will work on.

bit.ly/34CaoWs

The Cabbage Patchers Community Garden On-Site Volunteer



The Role

Volunteers will assist core/senior/lead volunteers in carrying out general gardening and practical tasks on site. This will include planting, weeding, tidying, brushing. Assisting with woodworking tasks such as fencing and raised bed building. We also currently have lots of painting to be done. This role is purely practical in nature and does not require checks to be carried out.

When

This is currently flexible as the site is in development and open only when a senior volunteer is available to open and lock up. Volunteers would be expected to spend just a few hours per day on site due to current lack of facilities on the project, and covid restrictions, times are flexible to suit.

Additional information

Volunteers will be provided with protective items of clothing appropriate to the role, however you will be expected to come prepared for the weather and to be outdoors for a few hours. You will meet lead volunteers on site and will be provided with instruction and support for the day's activities. As the site is in early development stage, duties will be varied day by day and according to the skill level of the volunteer.

Written guidance will be provided regarding up to date government guidelines.

bit.ly/2Uvc828

The Compassionate Friends Local Support Group Facilitator



A support group facilitator runs (often with one or more other facilitators) a monthly support group meeting for bereaved parents, siblings and/or grandparents.

Support group facilitators create a caring, safe and supportive atmosphere that encourages group members to share their grief and experiences.

A support group facilitator will do more listening than talking and will be resilient and comfortable listening to the experiences and feelings of others.

We offer all support group facilitators an Information and Training Day which equips you with the information and skills to run group meetings, as well as guidance in applying one's own experience to support others. The facilitator also has the support of our regional coordinators and TCF office staff. The group facilitator role is a very rewarding one, and epitomises the best of peer support. In supporting others, we also support ourselves.

We are looking for bereaved parents who are at least 3 years on from their own bereavement and who are feeling more 'resilient' around their loss.

bit.ly/33ZKETI

The Cabbage Patchers Activities Volunteer



We are looking volunteers to help out at our various workshops and activities.

You would support the activity facilitator in getting the space ready, meeting and greeting the attendees, assisting with the delivery of the activities and clearing up afterwards.

Our planned activities and workshops for summer and autumn are:

Garden Club - Children's Garden Club - Pop Up Shop — Older Peoples workshops
Food/Nutrition Workshops - Women's Workshops

bit.ly/3wl89IC

The Compassionate Friends - Local Support Volunteers



Local Support Volunteers befriend and support other bereaved parents in their local area. You will be using your own experience and ways of coping to be alongside another bereaved parent through offering empathy, understanding, reassurance and hope. Your support will be offered via telephone, email or face-to-face meetings.

Bereaved parents may be referred to you by our national helpline, through word of mouth or because you have publicised your support locally. You will be supporting newly bereaved parents in the first months of their loss as well as parents who are longer bereaved. The parents you will be supporting will have lost a child aged between 3 months old up to an adult child. Their loss may be through any circumstances. Some parents may only require support for a short period of time, others will need your support for longer. bit.ly/3yrSQtH

Silvery Light Sailing - Tall Ship Maritime Sailing Volunteers



Silvery Light Sailing seeks volunteers interested in Maritime Heritage, Traditional Sailing and Restoration Skills.

The charity operate and maintain a 100 ft Dutch Sailing Barge. With a workshop in Green Bank Industrial Estate Newry they engage in vessel restoration skills and recreational sailing qualification training. bit.ly/3kEJRPi

Parkinson's NI (Newry & Mourne) Support Group Helper



Parkinson's UK local groups offer friendship, support, and numerous activities for people affected by Parkinson's. In Newry & Mourne, the group is a core part of the local Parkinson's community. Joining as helper means you will be too - meeting new people and building new relationships. You could be putting the kettle on, to give a warm welcome to new group attendees, or making sure the group activities run smoothly - and all activities are open to you too. This role is flexible, and can be tweaked to suit the time you have to give. Our staff and existing volunteers will be there to support you every step of the way.

Why we want you Local groups across the UK are run by volunteers and offer friendship and support to people living with Parkinson's and their families and friends. The friendly faces and warm welcome provided by support group helpers means attendees get the most from the group, with the activities on offer running smoothly. bit.ly/2Mh3csJ

Action Cancer (Newry) - E-Commerce Volunteer



We have an exciting new volunteering opportunity for someone who has an interest and a flare for selling online through the eBay market place. The impact of the pandemic has had a massive impact on the income that has been generated for Action Cancer through our shops with long periods of enforced closure.

We are looking for someone who is driven, has an eye for detail and excited to take up this new role based out of our Newry shop for a few hours a week. The role will comprise of photographing, uploading and posting any items that sell through eBay for the charity.

All money that is raised through our shops goes directly to support Action Cancer's cancer prevention, detection and support services in Northern Ireland that are needed more than ever. bit.ly/3aTHcgu

Parkinson's NI

(Newry & Mourne)

Support Group Finance Contact

PARKINSON'S^{UK}
CHANGE ATTITUDES.
FIND A CURE.
JOIN US.

Local groups are run by volunteers and offer friendship and support to people living with Parkinson's, their families and carers across the UK. The Support Group Finance Contact leads and guides the finances within the group and records financial activity accurately.

The skills you need

- ideally have previous financial or accounting experience, as well as a willingness to learn
- are effective communicators, as you will be working with a wide range of different people
- are collaborative and team focused, as you will need to discuss the group's finances with the group and Parkinson's UK
- are motivated and reliable, with strong financial, IT and organisational skills in order to help the group operate bit.ly/39TlqkZ

Royal National Institute for the Blind (RNIB)

Technology Volunteers

R N I B
See differently

Technology gives us the power to access information, to exercise consumer choice, to plan independent travel, to enjoy global entertainment in the palm of our hands and to share our experiences. Our volunteers unleash this power, ensuring that blind and partially sighted people are not excluded from a connected world. Long before pac-man was eating pac-dots, volunteers were supporting people with sight loss to use technology. They help with a huge range of devices - from tablets to talking book players.

All across the country, our volunteers: help people set up new devices or troubleshoot tech issues remotely [/bit.ly/3n68K75](http://bit.ly/3n68K75)

British Red Cross

(Newry, Rostrevor, Kilkeel)

Support At Home Volunteer



Could you help us to support someone experiencing a health and social care crisis? The service operates Monday to Friday 9am - 5pm. Minimum of 6 months commitment, 3 hours per week.

You would provide practical support such as light shopping for someone who has been discharged from hospital. Reconnect people with their communities to help overcome loneliness and help someone connect with other organisations who can offer them support with their long-term health condition bit.ly/39evFly

MS Society NI

Campaigner Volunteer



Do you have a great idea to benefit people living with MS? At the MS Society, we campaign on a range of issues like welfare, treatments, care and support that people with MS need. We want to do more locally and want to support your ideas on making change happen.

Together we can do more.

Perhaps you've spotted there are no blue badge spaces at your local supermarket? Or maybe your neighbourhood has no kerbs easy for wheelchairs to use? In this volunteer role, you'll help drive change for people with MS in your community and develop your networking and influencing skills. bit.ly/3smKuAB

CRUSE Bereavement Care - Bereavement Volunteers for Telephone Support



Cruse's key resource is its volunteers. None of what Cruse achieves would be possible without the passion, dedication and skills of our volunteers.

We are looking for empathetic individuals with good listening skills to join our team of volunteers to provide ongoing telephone support to clients who have been bereaved across Northern Ireland. In return you will get great satisfaction from helping others, meet new people, access online training, build your CV and have dedicated supervisory support. bit.ly/2LLlth1

Head Injury Support Social Media & Marketing Volunteer



Make a difference to our social networking services...help create content & jazz up our platforms, updating on a regular basis.

The Social Media & Marketing Support Volunteer will play a critical role in further developing the public profile of our organisation. The role provides flexibility and requires independent experience.

The volunteer will support the team with managing their social media, primarily on Facebook /Instagram to gain exposure within the local community, develop communications, raise awareness and support with boosting engagement and creating and posting appealing content. bit.ly/3hXNmRI

Disability Action NI Onside Peer Advocate Volunteers



At *ONside, we support disabled people in our community to reduce social isolation by using digital technology. Peer Advocate Volunteers play a vital role in helping us achieve this aim.

As a Peer Advocate, you will share your knowledge of the online world, offer companionship and help people who would otherwise be isolated to stay in touch with loved ones and the wider community. bit.ly/3nuuSri

Mindwise - (Newry) Walking Group Leader



Plan, organise and run walking groups in the community for service users and encourage service user participation. This role provides volunteers with an opportunity to develop their own self-confidence in facilitation as well as learning from staff and other volunteers. This role may also involve supporting staff to engage service users in community activities. As a volunteer you will receive training and support as well as out of pocket expenses.

<https://bit.ly/31UdOn1>

Alzheimer's Society NI Side By Side Telephone Volunteer



As a Side by Side Telephone Volunteer you'll be regularly contacting people living with dementia, chatting with them about their interests and listening to what they want to talk about. You might also signpost them to other groups and organisations providing services and activities that they can benefit from.

The number of people you'll be in touch with will vary, depending on how many you feel you can support. You can carry out this role from the comfort of your own home or in one of our offices. bit.ly/3obDwuV

You must be resident in Northern Ireland for this role



www.volunteernow.co.uk

Organisations may introduce additional measures to ensure these volunteering roles meet good practice particularly in relation to Covid-19.

For more information about volunteering in the Newry & Mourne areas contact:
Clara O'Callaghan T: 07999 118485 E: clara.o'callaghan@volunteernow.co.uk



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