

Latest Volunteering Opportunities (Dungannon Area)

Winter 2021

For a full selection of volunteering opportunities, use the Opportunity Search on <u>volunteernow.co.uk</u> Need a hand? Use the Contact forms on our website or email <u>info@volunteernow.co.uk</u>





Mindwise - Befriending Volunteers (Cookstown)

Are you interested in supporting clients to access activities in their local community and can spare an hour or two a week? We have a befriending role available in your local area. Training, ongoing support and out of pocket expenses are available. To find out more <u>bit.ly/3DUzC1i</u>



National Trust Mid Ulster – Rangers (Springhill House, Moneymore)

Rangers love the countryside and being out in the fresh air so they know what our outdoor visitors need. Help take care of the wildlife and stunning historical landscapes, for ever, for everyone. By volunteering you could help look after important landscapes for future generations. Find out more <u>bit.ly/3q23Afg</u>



Guide Dogs NI - My Sighted Guide Volunteer (Dungannon)

Our My Sighted Guide services matches a person with sight loss with a sighted guide volunteer who helps a person living with sight loss get out and about confidently in their local area. Full training will be provided to allow you to safely guide and navigate someone with sight loss, all whilst building your partner's confidence and social interaction!. Find out more <u>bit.ly/3dRVIac</u>



ULAC - Shop Front Volunteer

Our shop volunteer role includes greeting our customers, soring the clothes, shoes, toys and household soft furnishings, stocking the shop and operating the till while serving the public. Find out more <u>bit.ly/3GNZHkR</u>



Inspire Wellbeing - Co-Facilitator Volunteer (Beechvalley CWS - Dungannon)

We are seeking a Co-Facilitator Volunteer to facilitate group sessions that will focus on activities promoting wellbeing, creative participation and engagement. You will assist the group facilitator to provide a safe and supportive environment to ensure service users feel they can express themselves. Find out more <u>bit.ly/3m3aY8Q</u>



Thomas Doran Parkanaur Trust - Grounds & General Volunteers (Dungannon)

Parkanaur has extensive lawn areas, with a variety of trees and shrubs on its grounds. There are a range of buildings that require regular maintenance and decoration. We can offer opportunities to volunteers who want to experience working alongside staff engaged in maintenance and decoration in an ideal setting. Fine out more <u>bit.ly/3dRWOmk</u>



Dungannon Men's Shed - Painting Volunteer

In Dungannon Men's Shed we make high quality outdoor furniture to order. We need more volunteers to help us paint the furniture. We welcome all men over 30yrs who enjoy the company of others, have a flair for painting or simply love to paint to relax. it is not essential to have painting skills as we in the Men's Shed will help build your confidence in painting. Find out more bit.ly/3m1VQbC



RSPB Lough Neagh Reserves – Volunteer (Lough Beg)

Our nature reserves are very special places for people and wildlife. We need volunteers to help in the areas of habitat management and reserve maintenance. All tasks are vital for conservation of the sites and for retaining good access to and around the reserves. Find out more <u>bit.ly/3pT91wR</u>

For more information about volunteering in the Armagh & Dungannon areas contact: Edel Cunningham T: 07850 851821 Email: edel_cunningham@volunteernow.co.uk Office hours: Mon-Fri 9.00am - 4.30pm



Registered office: Skainos Centre, 239 Newtownards Road, Belfast, BT4 1AF, Company Limited by Guarantee No. NI602399 Charity Registration No. NIC101309, This information is only relevant at the time of printing ©Volunteer Now 2021