# VOLUNTEERS NEEDED!

# Latest Volunteering Opportunities (Downpatrick)

Autumn 2023

#### **For a full selection of volunteering opportunities**, use the Opportunity Search on <u>volunteernow.co.uk</u> Need a hand? Use the Contact forms on our website or email <u>info@volunteernow.co.uk</u>





#### Near you Hearing Aid Support Volunteer SHSCT – RNID

Help us offer a free, in-person drop-in service for people who are deaf, have hearing loss or tinnitus, or want to get their hearing checked. You will be - maintaining hearing aids, helping people check their hearing, informing people, meeting and greeting and administration. You don't have to do all of these activities – you can pick the activities you find most interesting and match your skills and experience. For more info: <a href="https://tinyurl.com/mshm2b9w">https://tinyurl.com/mshm2b9w</a>



### Group Volunteer – Harry's Hangout (Ballynahinch)

Help out with Harry's Hangout group each Thursday and contribute to the fun the group have by helping with all the various activities. For more info: <u>https://tinyurl.com/yeyjn9fd</u>



#### Weekly Group Volunteer – Headway (Downpatrick)

Have you 2 hours each week to share with a group of adults who have an acquired brain injury? Join our friendly team and support our services users at our weekly meetings. You will learn a lot from the diverse group of people we support. This role is ideal for those with experience of or wanting to gain experience supporting people with brain injuries or conditions affecting the brain. Full training and supervision is provided, no experience necessary. For more info: <u>https://tinyurl.com/2p8r3mas</u>



## **Garden Allotment Volunteer - Downpatrick Community Allotments**

Volunteers will have the opportunity to learn basic plant skills, including how to correctly care for and water plants. You will be able to grow from seed and transplant to baskets and tubs. For more info: <u>https://tinyurl.com/4z2eufke</u>



#### **Telephone Wellbeing Volunteer** – Deafblind UK – (Home Based)

Deafblind UK members have combined sight and hearing loss and many live alone with few family and friends around them. We are looking for confident, chatty and friendly individuals who can hold short conversations with our members over the phone. You could be chatting about similar interests or learning about their lives while making that 'check in' call. For more info: <u>https://tinyurl.com/bdd9tsaa</u>



### Volunteer Casework Assistant – Community Advice Newry & Mourne (Downpatrick)

More and more people are coming to us looking for help with Employment Support Allowances and Personal Independent Payments.. Our Case-Work Assistants work through forms with the clients, explaining the questions and eliciting the answers. Do you have empathy and understanding? then you could be the Case-Work Assistant. For more info: <u>https://tinyurl.com/ysc2e8x6</u>

#### For more information about volunteering in the Mourne & Down areas contact:

Clara O'Callaghan on 07999 118485 or Email: Clara.O'Callaghan@volunteernow.co.uk Office hours: Mon-Fri 9.00am - 4.30pm





