

Here are a few volunteering opportunities currently available in the Dungannon area. For a full selection of opportunities, have a look at the Opportunity Search on [volunteernow.co.uk](http://volunteernow.co.uk) If you need any assistance finding or registering for an opportunity, let us know and we can help!

### ACTIVITIES VOLUNTEER - National Autistic Society



The charity has around 100 branches, all run by volunteers, who provide local support to autistic people and their families. Every branch is different and so are the activities they provide. Do you have a few hours free each month to help in their Dungannon branch?

Find out more at <http://tinyurl.com/ymrvx3kw>

### TELEPHONE BEFRIENDERS - Epilepsy Action



Epilepsy Action are looking for volunteers who have a couple of hours a week to give on a regular basis to make friendly calls to people living with epilepsy who are feeling lonely or isolated.

Find out more at <http://tinyurl.com/2tru97kt>

### DIGITAL SKILLS VOLUNTEERS - Advice NI



Advice NI is seeking to recruit volunteers who could help with basic digital skills courses, specifically for adult beginners, focusing on cash users living in rural areas. Full training provided.

Find out more at <https://tinyurl.com/2zcm94vd>

### VOLUNTEER BOARD MEMBER - First Steps Women's Centre



Have you ever thought of becoming a Board Member? First Steps Women's Centre Board provides the overall leadership for the Company, setting its direction and major policies, appointing and supervising executive top management, ensuring it complies with relevant laws and regulations and being accountable to the stakeholders. <http://tinyurl.com/dkku94js>

### WELLNESS SESSION VOLUNTEER – Northern Ireland Chest, Heart & Stroke



NICHs care services offer those affected by chest heart & stroke conditions to take part in a programme of activities and socialise with those who have been through a similar experience. They need volunteers to help with their Wellness Session in Dungannon.

More info at <https://tinyurl.com/yzfpnzj5>

### GARDEING ASSISTANT VOLUNTEER - Thomas Doran Parkanaur Trust



Do you enjoy gardening? Volunteer in their beautiful walled garden and help with growing and planting of shrubs, and handling sales to the general public. Find out more at

<http://tinyurl.com/y6bwe6fu>

### Volunteering at Events



Check out the Events Calendar on our website for opportunities to volunteer at some of the great events coming soon to Northern Ireland! Most of these are one-off or short-term volunteering opportunities. Find out more at [https://bit.ly/NI\\_Calendar](https://bit.ly/NI_Calendar) ... and if there's nothing there you fancy at the minute, check back in a few weeks as the calendar is always being added to!

For more information about volunteering in the **Armagh & Dungannon** areas contact:

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