

OPPORTUNITY SPOTLIGHTS

Mourne & Down

Winter 2023/24

Here are a few volunteering opportunities currently available in the Mourne & Down area. For a full selection of opportunities, have a look at the Opportunity Search on **volunteernow.co.uk** If you need any assistance finding or registering for an opportunity, let us know and we can help!



Group Volunteer - Harry's Hangout (Ballynahinch)

Help out with Harry's Hangout group each Thursday and contribute to the fun the group have by helping with all the various activities. For more info: https://tinyurl.com/yeyjn9fd



Schools Service Volunteers - Speak Out. Stay Safe. - NSPCC (NI Wide)

We need someone like you to help us protect a generation of children from abuse and neglect. As a Speak out. Stay safe. volunteer, you will visit primary schools to deliver *Speak out*. *Stay safe*. workshops that teach children about the different types of abuse and how they can speak out and stay safe. For more info: https://tinyurl.com/2yvvrfve



Befriending Volunteer - MS Society UK (NI Wide)

Could you spare one or two hours a week to provide support to those affected by MS? If so, the MS Helpline team would love to hear from you. We're fighting for better treatment and care to help people with MS take control of their lives, and we're funding research that we believe will stop MS for good. With your support, we will stop MS. For more info: https://tinyurl.com/3b8f6d74



Volunteer Drivers – Cancer Focus (Newcastle)

Our volunteer drivers provide essential transport for cancer patients to and from their appointments, helping to take away that stress and worry. Appointments will usually take place Monday - Friday during normal office hours but we are sometimes asked to provide transport outside of these hours. It is essential that volunteers are 21 or over and have a full driving license and access to a comfortable and roadworthy vehicle.

For more info: https://tinyurl.com/bdfp6y23



Repair Coach - South Down Repair Café - Hilltown, Castlewellan, Downpatrick

Do you have skills in repairing electrical items, bicycles or computers? If you are handy at repairs, baking or organising then apply to help at our pop up repair cafes. Help people breathe new life into broken, and faulty tools, furniture, clothes, bikes ornaments and electronics.

For more info: https://tinyurl.com/7cyeu4y6



Grounds and Maintenance Volunteer – Teconnaught Cross Community PreSchool

We are a small Pre-School (24 children) and located in a rural area in Co. Down, nestled between Ballynahinch and Downpatrick. We have some outdoor spaces and need some help keeping these areas up to date, weeding, etc. We have garden sheds that would need organising and resources which would need cleaned. The sessions run from 8.45-11.30am.

For more information about volunteering in the **Newry, Mourne & Down** areas contact our Volunteering Support Officer:

- Clara O'Callaghan: 07999 118485 / Clara.O'Callaghan@volunteernow.co.uk; or
- Contact our Head Office: 028 9023 2020 / info@volunteernow.co.uk

Information correct at time of publication



