

# **OPPORTUNITY SPOTLIGHTS**

## Lisburn & Castlereagh

Summer 2025

Here are a few volunteering opportunities currently available in the Lisburn & Castlereagh area. For a full selection of opportunities, have a look at the Opportunity Search on volunteernow.co.uk If you need any assistance finding or registering for an opportunity, let us know and we can help!

#### Balmoral Show 2025 - Showmaker Event Volunteer - Volunteer Now



The Balmoral Show is the major event in the agri-food calendar in Northern Ireland, attracting over 115,000 visitors each year over the 4 days. The show is back for 2025, and it will run from Wednesday 14th May - Saturday 17th May. This is an excellent opportunity for volunteers to get involved with a big and busy event at this long standing traditional show. PLEASE NOTE: This is a very popular volunteering role and numbers are limited so shifts can fill up fast. We cannot guarantee that everyone who signs-up will be allocated a shift but we will do our best to accommodate as many volunteers as possible. https://tinyurl.com/4v4wfrkh



#### Lisburn Group Committee Member – RSPB NI

Our RSPB Local Groups are made up of volunteers from local communities who are passionate about saving nature. Local Group volunteers run a range of activities from outdoor walks and indoor talks to fun fundraising events, alongside campaigning to help inspire, educate and mobilise more people to connect to and save nature in the UK. There are over 160 groups operating across the UK with a variety of skills and expertise, so we are always looking for someone new to join our mission! https://tinyurl.com/2fz54547



Volunteer Gardener – Praxis Care
Praxis St. Paul's Court is a court St. Paul's Court is a supported living service for adults with onset to early stages of dementia or mild cognitive impairment based in Lisburn, NI. St Paul's Court provides care, support and accommodation aimed at ensuring residents are provided with 24-hour support which enables them to live as independently as possible. The service is looking for someone to come to the service on a regular basis (once or twice a month) to support the residents who enjoy pottering around the garden space and in a greenhouse. https://tinyurl.com/4cvhamh7



### Trap, Neuter, Return Volunteer - Cats Protection (NI Wide)

Unfortunately, thousands of cats each year are abandoned or have strayed and rely on charities like Cats Protection for help. Becoming a trap, neuter and return (TNR) volunteer is one way you can make a real difference to cats in your local area. Our TNR volunteers help reduce the number of feral cats by raising awareness of our TNR programmes, setting humane traps to safely capture cats, taking them to local vets to be neutered, and hopefully returning them back to their territory. https://tinyurl.com/2cbzejf7



#### Gardening Volunteer - The Garden Friend (Hillborough)

Our Mission is dedicated to helping people to live their best life, both mentally and physically. We offer A Garden for Everyone. Gardening is accessible to all the act of nurturing life can nurture your own. Imagine a world where mental health support grows alongside a thriving garden. Join us in creating a community garden and offering gardening workshops to help individuals find peace, purpose, and connection. https://tinyurl.com/5au564yw

For more information about volunteering in the Lisburn & Castlereagh areas contact our Volunteering Support Officers:

- Jamie Greer: Jamie.greer@volunteernow.co.uk / 07850 851823
- Or contact our Head Office: 028 9023 2020 / info@volunteernow.co.uk



