

Here are a few volunteering opportunities currently available in the North Down & Ards area. For a full selection of opportunities, have a look at the Opportunity Search on volunteernow.co.uk. If you need any assistance finding or registering for an opportunity, let us know and we can help!



TRAP, NEUTER, RETURN VOLUNTEER – Cats Protection (NI Wide)

Unfortunately, thousands of cats each year are abandoned or have strayed and rely on charities like Cats Protection for help. Becoming a trap, neuter and return (TNR) volunteer is one way you can make a real difference to cats in your local area. Our TNR volunteers help reduce the number of feral cats by raising awareness of our TNR programmes, setting humane traps to safely capture cats, taking them to local vets to be neutered, and hopefully returning them back to their territory.

<https://tinyurl.com/2cbzejf7>



NEWTOWNARDS FUNDRAISING GROUP – Marie Curie

Marie Curie's Fundraising Group in Newtownards is welcoming passionate new volunteers and we'd love for you to be part of it! By becoming a member, you'll help raise vital funds for people who need our care and support. Whether you have a couple of hours to spare or want to be actively involved in planning inspiring events with the group, every effort makes a difference. <https://tinyurl.com/4ey95kac>



CHILDHOOD DAY COLLECTOR – NSPCC NI

Childhood Day is NSPCC's annual fundraising event which takes place in June. There's so many ways to get involved in Childhood Day – but we're asking people to volunteer their time in the lead up to the big day and fundraise at one of our Childhood Day collections. We can't do our work without volunteers like you, and the money you raise will help to protect children. Will you give a few hours of your time to raise money for children who need it most? <https://tinyurl.com/29s74nfd>



TESCO & MENCAP BUCKET COLLECTION VOLUNTEERS – Mencap

Join us for bucket collections across Tesco's stores in Northern Ireland and help create a positive impact in the community. We're looking for enthusiastic volunteers to support Mencap's mission by raising vital funds. As a bucket collection volunteer, you'll engage with the public, share information about Mencap, and encourage donations to support people with learning disabilities. <https://tinyurl.com/4maxrphz>

For more information about volunteering in the **North Down & Ards** area contact our Volunteering Support Officers:

- **Jamie Greer:** jamie.greer@volunteernow.co.uk / 07850 851823
- **Aislinn Byrne:** aislinn.byrne@volunteernow.co.uk / 07850 851830
- Or contact our Head Office: 028 9023 2020 / info@volunteernow.co.uk



For a full selection of volunteering opportunities, use the Opportunity Search on volunteernow.co.uk Need a hand? Use the Contact forms on our website or email info@volunteernow.co.uk



WELLNESS SESSION VOLUNTEER – NICHS Ards

NICHS care services offer those affected by chest heart & stroke conditions to take part in a programme of activities and socialise with those who have been through a similar experience. Under the supervision of a co-ordinator, volunteers assist those attending the session to participate in the activities arranged. Volunteers must have the ability to take direction and carry out instructions. <https://tinyurl.com/3b8t6h5e>



TRANSPORT STORES TOURS VOLUNTEER – National Museums NI

We're opening the doors to NI's Transport and Industry Store for self-guided tours and we want you to help us make it an experience to remember. Our Transport and Industry store is a treasure trove of thousands of automotive, aeronautic and industrial collections that highlight our history of invention in this part of the world. Volunteers will support us to welcome audiences in a safe and enjoyable way into the stores we need additional support to keep both our visitors and our collections safe. <https://tinyurl.com/479kye9u>



BOWEL CANCER AWARENESS TALK VOLUNTEER – Bowel Cancer UK (NI Wide)

This role is part of our wider awareness programme and is crucial to meet our strategy aims of increasing awareness and understanding of bowel cancer across the UK. This flexible opportunity enables you, as a volunteer, to represent Bowel Cancer UK both nationally and at a local level, by delivering PowerPoint presentations. We have a number of different roles within our awareness program, supporting our roadshow, awareness talks and information stands. For more info: <https://tinyurl.com/4xk53tpy>



PARENT TO PARENT EMOTIONAL SUPPORT HELPLINE VOLUNTEERS – National Autistic Society (Anywhere)

We are looking for volunteers for our Parent to Parent Emotional Support Helpline The helpline is a UK-wide confidential telephone service which provides emotional support to parents and carers of autistic children (which includes grown up children). For more info:

Helpline Volunteer: <https://tinyurl.com/4zww4zxi>
(Requirement of the above role is that you are the parent or primary carer of an autistic child including adult children)

Data Entry Volunteer: <https://tinyurl.com/mw59x9ss>



NETTLEFIELD TEXTILE VOLUNTEER – Ulster Folk Museum (Cultra)

Our Nettlefield Group meet on Tuesday's to work on various embroidery, crochet, and other crafting projects. Volunteers work on projects such as Rag Rugs, Cushions, Christmas decorations as well as learning new skills and intricate patterns. The items created by the group are used to decorate various buildings on the Ulster Folk Museum site or contribute to event decoration. <https://tinyurl.com/327jwdpu>

Volunteer Now, Skainos Centre, 239 Newtownards Road, Belfast BT4 1AF

Tel: 028 9023 2020

Email: info@volunteernow.co.uk

Office hours: Mon-Fri 9.00am - 4.30pm



Northern Ireland
Executive

www.northernireland.gov.uk

Supported by the Northern Ireland Executive
through the Department for Communities