OPPORTUNITY SPOTLIGHTS:

North Down & Ards

Autumn 2026

Here are a few volunteering opportunities currently available throughout the North Down & Ards area. For a full selection of opportunities, have a look at the Opportunity Search on **volunteernow.co.uk**, or view this publication online using the QR code below.
If you need any assistance finding or registering for an opportunity, let us know ... we are here to help!

Volunteer Now's driving service in North Down & Ards is provided primarily for children and young people through the South Eastern Health & Social Care Trust's Family & Childcare Department. Do you have a couple of hours free each week to drive service users to & from school, contact visits, and health & wellbeing appointments? **https://tinyurl.com/45ffbes5**

Complement the delivery of services within the South Eastern Trust and enhance patient / client care by reducing social isolation and loneliness. The role offers an opportunity to build friendships with older people, to help them improve their quality of life. **https://tinyurl.com/5y4922cy**

Volunteering with Oxfam in their shop in Newtownards is a rewarding way to give back! Whether you're helping sort donations or assisting customers, there's a role for everyone. **https://tinyurl.com/sw33ed67**

Alzheimer's Society are looking for enthusiastic volunteers to support their Carers Information & Support Programme [CrISP] in Bangor Community Hub. CrISP is a monthly programme that provides carers of people with dementia to come and learn about the impact of dementia and how to support their loved ones and themselves going forward. **https://tinyurl.com/3m98kcad**

Do you have a few hours free each week to help in a welcoming, inclusive Community Food Hub in Newtownards? This could involve supporting everything from cooking and food hygiene, to confidence building and peer support. **https://tinyurl.com/y8k2r9pm**

More overleaf

For more information about volunteering in the North Down & Ards area contact our Volunteering Support Officers

- Jamie Greer: **jamie.greer@volunteernow.co.uk** / 07850 851824
- Aislinn Byrne: **aislinn.byrne@volunteernow.co.uk** / 07850 851830

You can also contact our Head Office on 028 9023 2020 / **info@volunteernow.co.uk** or complete the Contact Us form on **www.volunteernow.co.uk**

Scan the QR code to view our Opportunity sheets online

Supported by the Northern Ireland Executive through the Department for Communities

Do you have a basic understanding of gardening? Praxis Care's Conlig Day Services has its own garden nursery where attendees grow and sell flowers and plants to the general public. Could you help them with general gardening maintenance, creating hanging baskets,wreaths and window boxes, etc? **https://tinyurl.com/2f5fttpr**

Community Advice Ards & North Down is one of the leading independent advice agencies in Northern Ireland. They are recruiting volunteer advisors to help advise their clients on a range of issues. By volunteering you'll be playing an active part in improving the lives of people and influencing the development of national and local policies and services. Full training provided. **https://tinyurl.com/264p4sff**

Down Coastal Rowing Association is a local community based sports organisation that focuses on the support and promotion of St. Ayle Skiffs and coastal rowing in Ireland. They are looking for someone with experience to give a few of hours a month to help explore and develop funding streams for a local community sporting event that happens annually on Strangford Lough. **https://tinyurl.com/mtfp9ryj**

No-one sells volunteering like someone who volunteers! Become a Volunteer Ambassador with Volunteer Now and help to support and enhance our work in the North Down & Ards area. **https://tinyurl.com/2jzbnkd9**