

Here are a few volunteering opportunities currently available in the Newry area. For a full selection of opportunities, have a look at the Opportunity Search on volunteernow.co.uk If you need any assistance finding or registering for an opportunity, let us know and we can help!



PARKRUN FAMILY VOLUNTEERS – Newry & Rostrevor

Parkruns are free, fun, and friendly weekly 5k community events in Newry Greenway and Kilbroney Park, Rostrevor. They are held every Saturday at 9.30am and are entirely organised by volunteers. There are plenty of opportunities to try new roles, apply your skills or learn new ones, be with friends and family, meet people and be a part of the parkrun community. There are a variety of ways to help Parkrun go smoothly in Newry and Rostrevor. You don't need any experience of parkrun or volunteering. There are always people on hand to support you.

Newry: <https://tinyurl.com/5bx9vkb8> Rostrevor: <https://tinyurl.com/5dnrpt4k>



HELP SOMEONE IN THE COMMUNITY – Red Cross

For people recovering from illness, or who are facing a recent diagnosis, being able to stay in their own home can make all the difference. Our Support at Home Volunteers help with shopping, getting to appointments or checking in with a phone call. Spread the power of kindness with us and help make a difficult and distressing time a little bit easier.

<https://tinyurl.com/nhc3nd3k>



LISTENING VOLUNTEERS – Samaritans Newry & Dundalk

The Samaritans of Newry & Dundalk are recruiting for new Listening Volunteers. These volunteers are the main people involved with the Samaritans, answering phone calls and emails from people in need of emotional support. Samaritans are non-judgemental, open minded and good listeners. We are looking for people over 18 years old who will be able to listen without judgement. We ask each volunteer to spend between 3-4 hours a week at our Branch in St Colman's Park Newry. There are always at least two volunteers on duty and support is available at all times <https://tinyurl.com/2txfzhwd>



Fleadh Cheoil na hÉireann - Belfast 2026 – Volunteer Now

Volunteer Now are delighted to be managing the volunteer team for Fleadh Cheoil na hÉireann in Belfast next August (2nd-9th). We are hoping to recruit a team of 1500 volunteers who will form the very heartbeat of this event. The volunteers will showcase the best of Belfast and bring a warm welcome to up to 1 million visitors! Without volunteers, the event simply couldn't happen. While this event isn't happening until next August, we wanted to start spreading the word as early as possible across Northern Ireland. We already have over 380 registrations, which is amazing and highlights the popularity of such an event. If it would also be of benefit, the events team can come and speak to groups/individuals about what volunteering at this event would look like. Please contact events@volunteernow.co.uk and let the team know if you would be happy to support, and if there is anything else you need from us in the meantime.

<https://tinyurl.com/2f6w7nv9>

For more information about volunteering in the **Newry, Mourne & Down** areas contact our Volunteering Support Officer:

- **Bronagh Demeillers:** 07708 077954
- bronagh.demeillers@volunteernow.co.uk or
- Contact our Head Office: 028 9023 2020 / info@volunteernow.co.uk



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Latest Volunteering Opportunities Newry



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VOLUNTEER DRIVER – Bolster Community (Slieve Gullion & Kilkeel Area)

Do you live in the Slieve Gullion or Kilkeel areas? Would you like to become one of our volunteer drivers? This volunteering opportunity is related to our Home2Hospital service – a vital service that coordinates volunteer drivers to take seniors from isolated areas to out of area hospital appointments. The service is a lifeline to many rurally isolated older people, who otherwise, would have to undertake very lengthy tiring journeys by public transport. <https://tinyurl.com/yur3xt6t>



APPEALS ADMIN. ASSISTANT – Community Advice Newry & Mourne

Are you looking to gain valuable experience in legal administration or office support? Join our team as a Volunteer Appeals Administration Assistant and help make a real difference in the lives of individuals navigating social security benefit appeals. As an Appeals Administration Assistant, you will support our Tribunal Representative in managing a busy caseload of clients appealing decisions related to social security benefits. This is a rewarding opportunity to develop administrative and legal support skills in a meaningful setting. <https://tinyurl.com/3nh73uwv>



SUPPORT GROUP SECRETARY - Parkinson's UK

Are you an organised person who enjoys being part of a team? We're recruiting a volunteer secretary for our Parkinson's UK Newry Support Group offering support to local people affected by Parkinson's. Parkinson's UK offers a lifeline to people in the local community with a monthly support group. As secretary, you'll be helping alongside a friendly and welcoming volunteer team to keep people connected. You will be making a real difference to the lives of local people. So, if you have good online skills, like meeting people and want to get involved please get in touch.

<https://tinyurl.com/2afn538d>



CHILDREN'S ACTIVITY SUPPORT GROUP HELPER – Barnardos

Newry Child Contact Centre provides a safe, friendly and neutral place where children of separated families can spend time with one or both parents or other family members. Volunteers work as part of a team to prepare the Centre for families to help create a friendly atmosphere to help them feel at ease. <https://tinyurl.com/2zpxykmb>



VOLUNTEER FAMILY SUPPORT VOLUNTEER – Home-Start Newry & Mourne

Home-Start are a local family support charity who recruit parents to become volunteers supporting families in their own home, in group settings or over the telephone. We also have volunteer roles available in our charity shops. We would love to hear from you if you are a parent / carer and would like to support a local family with young children. Parenting can be very difficult and everyone needs some support. <https://tinyurl.com/4t7wt6uv>

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You can volunteer. You can change lives.