

Here are a few volunteering opportunities currently available in the Downpatrick area. For a full selection of opportunities, have a look at the Opportunity Search on volunteernow.co.uk If you need any assistance finding or registering for an opportunity, let us know and we can help!



FAMILY VOLUNTEERS and INDIVIDUAL PARKRUN VOLUNTEERS - Dunleath Playfields Parkrun NI

Dunleath Playing Fields Parkrun is a free, fun, and friendly weekly 5k community event held every Saturday at 9:30am. It is entirely organised by volunteers. There are plenty of opportunities to try new roles, apply your skills or learn new ones, be with friends and family, meet people and be a part of the parkrun community. You don't need any experience of parkrun, or of volunteering. <https://tinyurl.com/26ev95vp>



APPEALS ADMIN. ASSISTANT – Community Advice Downpatrick

Are you looking to gain valuable experience in legal administration or office support? Join our team as a Volunteer Appeals Administration Assistant and help make a real difference in the lives of individuals navigating social security benefit appeals. As an Appeals Administration Assistant, you will support our Tribunal Representative in managing a busy caseload of clients appealing decisions related to social security benefits. This is a rewarding opportunity to develop administrative and legal support skills in a meaningful setting. <https://tinyurl.com/3nh73uwc>



CENTRE SUPPORT VOLUNTEER – St Hanes Sloane Centre (Killeagh)

We're looking for a friendly, reliable volunteer to support the day-to-day activities at our centre, including helping with the small gift shop. As a Centre Support Volunteer, you'll be one of the first people visitors meet, offering a warm welcome and assisting with basic tasks that keep the centre running smoothly. <https://tinyurl.com/yv2yw6yx>



Activity Support Volunteer (Good Morning Down, Session Support) Mainstay DRP Downpatrick

Do you enjoy supporting others to build confidence, develop skills, and independence? If so, Mainstay DRP would love to hear from you! We are looking for dedicated and compassionate volunteers to support adults with learning disabilities to participate meaningfully and independently in a community-based volunteering activity.. This is a supporting role, helping service users take part in their activity with confidence. Every Monday 9:30am – 12:00pm <https://tinyurl.com/jxe8tt4z>

For more information about volunteering in the **Newry, Mourne & Down** areas contact our Volunteering Support Officer:

- Bronagh Demeillers: 07708 077954
- bronagh.demeillers@volunteernow.co.uk or
- Contact our Head Office: 028 9023 2020 / info@volunteernow.co.uk



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SKILLED VOLUNTEER - Saintfield Community Association

At the Saintfield Development Association we are looking for support for a number of projects, could you help with communications, events, funding or gardening? You will be joining a friendly group of like-minded individuals who love our village and work hard to provide opportunities to bring our community together. For more info: <https://tinyurl.com/yjrz5448>



GARDEN ALLOTMENT VOLUNTEER - Downpatrick Community Allotments

Volunteers will have the opportunity to learn basic plant skills, including how to correctly care for and water plants. You will be able to grow from seed and transplant to baskets and tubs. For more info: <https://tinyurl.com/4z2eufke>



VOLUNTEER BEFRIENDER HOME VISITS – SEHSCT

Complement the delivery of services within the South Eastern Trust and enhance patient / client care, and quality of life by reducing social isolation and loneliness. The role offers an opportunity to build friendships with older people, to help them improve their quality of life, a chance to contribute invaluable to their local community and increase their own circle of friends. **Friendship / Befriending** Regularly visit your patient / client in their own home for a chat and companionship' to (to reduce feelings of loneliness and isolation) and subsequently arrange to take them out to other venues that offer opportunities for friendship and camaraderie. For more info: <https://tinyurl.com/4pmbjka2>



ICT LEARNING SUPPORT VOLUNTEER – Clanrye Group

The Clanrye Group would like a volunteer to support teaching staff to deliver qualifications and workshops relating to ICT under the direction of the ICT tutor. You will support the participants during class with scribing tasks and visual guidance, welcome participants to the group and help them settle and have an understanding of Microsoft Office Applications. <https://tinyurl.com/ycyphf57>



SUPPORT VOLUNTEER – Home-Start Down District

Home-Start would love you to join us! Could you spare 2 hours per week? We have lots of tired new parents across Down District who need some support with feeding newborns and playing with toddlers. Could you lend a hand at group, making the toast or helping with the activities? We offer volunteer expenses, great training and support and social events. New course starts 26th Sept for 4 weeks. We have opportunities to volunteer in the Downpatrick, Newcastle and Ballynahinch, Co Down areas. <https://tinyurl.com/mrxufk8d>



LISTENING EAR VOLUNTEER - Ballynahinch Counselling Service

The **Listening Ear Service** provides friendly, one to one telephone conversations for people who would benefit from regular, supportive contact with someone outside their immediate circle of family and friends. Volunteers offer a warm, non-judgemental space where individuals can chat about everyday life and feel genuinely heard.

As a volunteer, you're not expected to fix problems — your presence, your time, and your willingness to listen are what make the biggest difference. Sessions can help people feel less alone, more connected, and more confident. A small amount of your time can help support those in need.

<https://tinyurl.com/4ctuwyh7>

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