

Here are a few volunteering opportunities currently available in the Lisburn & Castlereagh area. For a full selection of opportunities, have a look at the Opportunity Search on volunteernow.co.uk. If you need any assistance finding or registering for an opportunity, let us know and we can help!



VOLUNTEER AMBASSADORS - Volunteer Now (Lisburn City and Castlereagh)

Volunteer Now aim to create a team of Ambassadors throughout our area, who would be willing to support and enhance our work. No-one sells volunteering like someone who volunteers! Volunteer Now is regularly asked to host information stands, give talks and workshops to groups about volunteering what it is, the benefits and how to get involved and deliver tabletop opportunities where we bring volunteering to groups.

<https://tinyurl.com/yzkcv89>



SHOP VOLUNTEER - Wallace Buildings – Marie Curie

Marie Curie charity shops play a vital role in raising funds to support our nurses and the care they provide to people living with a terminal illness and their families. We're looking for enthusiastic Shop Volunteers to join our retail team and help deliver a great shopping experience. From fashion and homeware to books and unique finds, our shops offer a wide range of quality donated items, and we need your help to sort, prepare, and sell them. <https://tinyurl.com/3eczytwr>



COMMUNITY EVENTS & FAIRS VOLUNTEERS – Hourglass

Could you gift us a little of your time? Hourglass is a UK-wide charity dedicated to calling time on the harm, abuse and exploitation of older people. We are a small, friendly and welcoming team who help each other. Volunteers help us deliver community events, pop-up information stands and awareness raising activities while carrying out essential administrative tasks that ensure our work is well organised, safe and effective. <https://tinyurl.com/mrxsepcs>



CAFÉ HELPER - A Safe Space To Be Me (Crumlin)

The Nurture Café, is our version of an honesty Café. Individuals can come and get a warm meal, cuppa and pay what they can afford. While there they can engage with our volunteers, form new connections, have somewhere they can go to and get them out of the house without it costing a fortune. For many cost is a big factor that prevents them from engaging with others in the community. We are looking for people to help out a few hours a week. No experience necessary as full training will be given.

<https://tinyurl.com/2kh736md>

For more information about volunteering in the **Lisburn & Castlereagh** areas contact our Volunteering Support Officers:

- **Jamie Greer:** jamie.greer@volunteernow.co.uk / 07850 851823
- **Aislinn Byrne:** aislinn.byrne@volunteernow.co.uk / 07850 851830
- Or contact our Head Office: 028 9023 2020 / info@volunteernow.co.uk





VOLUNTEER GARDENER – Praxis Care

St. Paul's Court is a supported living service for adults with onset to early stages of dementia or mild cognitive impairment based in Lisburn, NI. St Paul's Court provides care, support and accommodation aimed at ensuring residents are provided with 24-hour support which enables them to live as independently as possible. The service is looking for someone to come to the service on a regular basis (once or twice a month) to support the residents who enjoy pottering around the garden space and in a greenhouse. <https://tinyurl.com/mr49cpm7>



FAMILY SUPPORT VOLUNTEER – Home Start Lisburn

Could you link with a local family with young children to provide some support to them? You could maybe provide support for the family to access some toddler groups, to go for a walk, to listen to mum or dad providing emotional support, or practical support to them on their parenting journey. We would love to hear from you if you feel you could offer two hours per week. (All out-of-pocket expenses will be covered, full training will be provided) <https://tinyurl.com/wjcn9w9u>



SUPPORT GROUP VOLUNTEERS - Lisburn Downtown Centre

The Lisburn Downtown Centre had been a part of the Lisburn community since 1988, serving as a community hub providing support to adults feeling isolated and alone. Downtown offers long-term consistent support to those struggling with loneliness, specialising in support for adults with learning disabilities and those with mental health problems. We are seeking Group Volunteers to join our team to help support adults through befriending roles in our weekly support groups. <https://tinyurl.com/ykdzpj23>



PEACE OF MIND PARTICIPANT FACILITATOR - Inspire

The Peace of Mind Participant Facilitator will take part in a structured six-week personal development and wellbeing programme designed to build confidence, emotional resilience and practical coping strategies. Followed by Peer Facilitation training which will equip you with skills to manage a group work setting, design and develop a session plan and deliver programmes. <https://tinyurl.com/2xyfy7mm>

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