

Here are a few volunteering opportunities currently available in the North Down & Ards area. For a full selection of opportunities, have a look at the Opportunity Search on [volunteernow.co.uk](https://volunteernow.co.uk). If you need any assistance finding or registering for an opportunity, let us know and we can help!



#### **VOLUNTEER AMBASSADORS – Volunteer Now (Ards)**

Volunteer Now aim to create a team of Ambassadors throughout our area, who would be willing to support and enhance our work. No-one sells volunteering like someone who volunteers! Volunteer Now is regularly asked to host information stands, give talks and workshops to groups about volunteering what it is, the benefits and how to get involved and deliver tabletop opportunities where we bring volunteering to groups.

<https://tinyurl.com/tevxuekx>



#### **RESTORE WAREHOUSE VOLUNTEERS – Habitat for Humanity ReStore**

Habitat ReStore directly tackles poverty here in Ireland. By selling donated new and used building and home improvement materials, we serve thousands of families who need help to improve their homes at low cost and diverts tons of material from landfill. ReStore volunteers will assist with collections in our ReStore lorry, price and barcode items, answer the store phone and talk to customers and clean and mend furniture/items in the store. <https://tinyurl.com/mrduczr5>



#### **ADVISORS/COST OF LIVING SUPPORT VOLUNTEERS – Community Advice**

CAAND is one of the leading independent advice agencies in Northern Ireland. We require volunteer advisors to help us advise clients on a range of issues. Full accredited training will be provided by The Law Centre and Advice NI. This is a great development opportunity for those seeking a career change or as a pathway to employment in advice or advocacy, so please recognise we do require time commitment to become competent in your role. <https://tinyurl.com/ykfjc8d8>



#### **BEFRIENDER VOLUNTEER – HOME VISIT - Safe & Well SEHSCT**

The volunteer will regularly visit the patient / client in their own home for a chat and companionship' to (to reduce feelings of loneliness and isolation) and subsequently arrange to take them out to other venues that offer opportunities for friendship and camaraderie. The role offers an opportunity to build friendships with older people, to help them improve their quality of life, a chance to contribute invaluable to their local community and increase their own circle of friends. <https://tinyurl.com/2bv5bwhv>

For more information about volunteering in the **North Down & Ards** area contact our Volunteering Support Officers:

- **Jamie Greer:** [jamie.greer@volunteernow.co.uk](mailto:jamie.greer@volunteernow.co.uk) / 07850 851823
- **Aislinn Byrne:** [aislinn.byrne@volunteernow.co.uk](mailto:aislinn.byrne@volunteernow.co.uk) / 07850 851830
- Or contact our Head Office: 028 9023 2020 / [info@volunteernow.co.uk](mailto:info@volunteernow.co.uk)



# Latest Volunteering Opportunities ND&Ards

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## **VOLUNTEER GARDENER – Conlig Garden Nursery – Praxis Care**

Conlig Day Services has its own garden nursery where attendees grow and sell flowers and plants to the general public. You will be working alongside staff and members/attendees (adults with a learning disability and some mental ill-health). Volunteers will be interacting with the public, creating hanging baskets, window boxes, Xmas wreaths etc., nurturing and potting on plants ready for sale and planting, weeding and digging. Basic understanding of gardening required.

<https://tinyurl.com/yzk9cz8f>



## **VOLUNTEER DRIVER (Ards & North Down) - Volunteer Now**

This service is funded by the South Eastern Health & Social Care Trust and is provided primarily for children and young people through their Family and Childcare Department. As a volunteer driver, you will drive service users to and from school, contact visits and health & wellbeing appointments. Drives usually take place Mon - Fri. but there is an occasional need for evening and weekend drives. Volunteers are reimbursed mileage expenses at 45p per mile. Our service users are referred by social workers within the South Eastern Health & Social Care Trust.

<https://tinyurl.com/4fn99898>



## **CHARITY SHOP VOLUNTEER – British Heart Foundation**

Our volunteers help us fund lifesaving science to improve the lives of families and loved ones living with heart and circulatory disease. Volunteering with us is easy, flexible, and inclusive. Our Sales Floor Volunteers are the first point of contact for customers when they enter our shop. You will be greeting customers, helping them find the items they're looking for and answering their questions, with help on hand from the shop team. You will provide invaluable help in the running of the shop, keeping it stocked and attractively displayed. <https://tinyurl.com/yck2ysxr>



## **VIRTUAL/TELEPHONE BEFRIENDER – Safe and Well – SHSCT**

Our volunteer befriender befriends someone who may be feeling lonely and isolated whilst in hospital or living in their own home. This may be via a telephone or other means such as skype/WhatsApp video call etc. They will provide the person(s) with social interaction and emotional support through conversation while staying connected with the Befriending Co-ordinator/ Key Worker and feedback any concerns, that may need addressing. <https://tinyurl.com/h7kmtvp>

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